

Second Best

拍數: 32 牆數: 4 級數: Improver
編舞者: Tom Glover (AUS) - April 2024
音樂: The Note - B.J. Jamison



Intro: 16 counts

Walk x 2, 1/4 Left Rhumba Back, Step Left Side, Step Right Back.

- 1-2-3&4 Step forward Right, step forward Left, turn 1/4 Left stepping to Right side, Step Left beside Right, step Right back.
5-6-7&8 Step Left to Left side, step Right back from Left with a Left hook, lock shuffle forward - Left, Right, Left. (9 o'clock)

V-Step, Lock Shuffle Back, 1/4 Replace, Cross Shuffle

- 1-2-3&4 Step Right forward and out, step Left forward and out (V-step), lock shuffle back - Right, Left, Right.
5-6-7&8 Turn 1/4 Left stepping Left to SIDE, replace weight onto Right, cross shuffle - Left, Right, Left (6 o'clock)

Right Diagonal Replace, Behind Side Cross, Left Diagonal Replace, Behind Side Forward

- 1&2&-3&4 Step Right to Right diagonal, touch Left beside Right, step back Left, kick Right slightly forward to Right diagonal, step Right behind Left, step Left to Left side, step Right over Left.
5&6&-7&8 Step Left to Left diagonal, touch Right beside Left, step back Right, kick Left slightly forward to Left diagonal, step Left behind Right, step Right to Right side, step Left forward. (6 o'clock)

Right Forward, Replace, 1/4 Rhumba Forward, Step Pivot 1/2 , Shuffle Forward

- 1-2-3&4 Step Right forward, replace weight back onto Left, turn 1/4 Right and step Right to Right side, step Left beside Right, step Right forward.
5-6-7&8 Step Left forward, pivot 1/2 turn Right, shuffle forward - Left, Right, Left. (3 o'clock)

[32] Start Again.

TAG

At the end of 3rd sequence facing 9 o'clock

- 1-2-3-4 Step Right forward and out, step Left forward and out, step Right back, step Left beside Right.
5-6-7-8 Step forward Right, pivot 1/2 Left, step Right forward pivot 1/2 Left.

TAG/RESTART

During wall 7 after count 18 add a 2 count tag/restart –
Rock back onto Right, forward onto Left (facing 12 o'clock)

ENDING

Start wall 9 facing 3 o'clock – dance to count 28 facing the front.

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