

Breaking Me

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Mark Paulino (USA) & Patti Pisoni Brione (USA) - April 2024
音樂: Breaking Me - Topic & A7S



Intro: 8 counts - rotates counter-clockwise

Sec. 1: R Cross Kick, Out R, Out L, Bounce L, R, L, R, Ball Cross, ½ Unwind L

1&2 Kick R across L (1) Step R out to R (&) Step L out to L (2)
3-6 Bounce heels moving weight from L (3) R (4) L (5) R (6)
7&8 Ball Step L next to R (7) Cross R over L (&) Unwind ½ turn L (8) 6:00 wall

Sec. 2: L Sailor, R Knee Dip, Behind, Side, Cross, ¼ R Step Forward, Step L

1&2 Cross L behind R (1) Step R out to R (&) Step L out to L (2)
3-4 Dip R knee in towards L knee (3) Step back on R (4)
5&6 Step L behind R (5) Step R out to R (&) Cross L over R (6)
7-8 Turn ¼ R Stepping R forward (7) Step forward L (8) 9:00 wall

Sec. 3: ½ Pivot R, Step L forward, ½ Hinge turn L stepping back on R, Hitch L, Big Step back on L dragging R into R coaster step

1-2 Pivot ½ R (1) Step L forward - opening up for left turn (2) 3:00 wall
3-4 ½ L Hinge turn stepping back on R (3) Hitch L knee (4) 9:00 wall
5-6 Large step back on L (5) Drag R back - do not put weight on R (6)
7&8 Step R back (7) Step L beside R (&) Step R forward (8)

Sec. 4: Press forward L, R, Cross L over R, Heel pop, Full Unwind R

1,2& Press L forward (1) Recover weight to R (2) Bring L back to center (&)
3,4& Press R forward (3) Recover weight to L (4) Bring R back to center (&)
5&6 Cross L over R (5) Pop heels up (&) Heels down (6)
7-8 Unwind R for 2 counts transferring weight to L

Begin the fun again! No tags or restarts