

Best Adventure

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Low Beginner
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音樂: Best Adventure - Leaving Thomas



#1st SEQ Stomp, Turn $\frac{1}{4}$, Stomp, Turn $\frac{1}{4}$, Jazz Box, Stomp

1-2 Stomp R fwd – Turn $\frac{1}{4}$ R
&3-4 Recover R & Stomp L fwd – Turn $\frac{1}{4}$ L
&5-6 Recover L & Cross R over L – Step L back
7-8 Step R to R – Stomp L fwd

#2nd SEQ Rock Step, Shuffle turn $\frac{1}{2}$, Rock Step, Shuffle turn $\frac{1}{2}$

1-2 Rock Step R fwd – Recover
3&4 Shuffle R-L-R turning $\frac{1}{2}$ R
5-6 Rock Step L fwd – Recover
7&8 Shuffle L-R-L turning $\frac{1}{2}$ L

#3rd SEQ Heel switch R-L-R, Clap, Hip Bumps (x4)

1&2 Heel touch R fwd – Recover & Heel touch L fwd
&3-4 Recover & Heel touch R fwd – Clap your hands once
5-6 Hip Bumps to R (x2)
7-8 Hip Bumps to L (x2)

#4th SEQ Sailor step, Touch, $\frac{3}{4}$ turn, Rockin' chair

1&2 Cross R behind L – Open L to L & R to R
3-4 Touch point L crossed behind R – Turn $\frac{3}{4}$ L (unwind)
5-6 Rock Step R fwd
7-8 Rock Back R

THE END. I hope you will have fun dancing BEST ADVENTURE
