

Simply Sailing

COPPER KNOB
BYEBOHEETS

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Hanna Pitkänen (FIN) - April 2024
音樂: Sailing (feat. Jennifer Ewbank) - Douwe Bob



Start the dance after 16 counts, approx. 15 second into track.

Tag after wall 2 facing the front wall

Restart on wall 6 after 8 counts facing the back wall

[1-8]: Step L R, pivot ½ turn, ½ turn, sweep, behind, ¼ turn, step, ½ pivot, ¼ turn, behind

1 Step RF forward (1)
2 ½ turn left as you recover weight to LF (2) 6.00
3 ½ turn stepping RF back as you sweep LF from front to back (3) 12.00
4& Step LF behind RF (4), ¼ right stepping RF forward (&) 3.00
5,6 Step LF forward (5), ½ turn right recovering weight to RF (6) 9.00
7,8 ¼ turn right stepping LF to side (7), step RF behind LF (8) 12.00

*Restart here on wall 6 facing the back wall, recover weight to LF on count &

[9-16]: ¼ turn, step, ½ pivot, point forward, ¼ turn, point, ½ turn, point, ¼ turn, sweep, cross, sway R, sway L

&1 ¼ turn left stepping LF forward (&), step RF forward (1) 9.00
2,3 ½ turn left transferring weight to LF (2), point RF forward opening body to left (3) 3.00
&4 Step RF forward (&), ¼ turn right as you point LF to side (&) 6.00
& ¼ turn left stepping LF forward (&) 3.00
5 Continue turning ¼ left as you point RF to side (5) 12.00
6 ¼ turn right replacing weight on RF as you sweep LF from back to front (6) 3.00
7,8& Cross LF over RF (7), sway right (8), sway left (&)

Optional hand movement for counts 5-6: cover both ears with your hands (5), push both hands away palms facing outwards (6)

[17-24]: Nightclub basic R, side, behind, touch back, unwind ½, sweep, ¼ turn, step, ¼ turn, together

1,2& Step RF to side (1), step LF behind RF (2), cross RF across LF (&)
3,4 Step LF to side (3), step back RF (4)
&5 Touch LF back (&), unwind ½ turn left transferring weight to LF (5) 3.00
6,7 ¼ turn left sweeping RF from back to front (6), step RF forward (7) 6.00
8& ¼ turn right as you step LF to side (8) close RF next to LF (&) 9.00

[25-32]: Cross, ¼ turn, ½ turn, step, step, pivot ½, full turn, step, prissy walk, walk R L

1,2 Cross LF over RF (1), ¼ turn left stepping RF back (2) 9.00
&3 ½ turn left stepping LF forward (&), step RF forward (3) 12.00
4& Step LF forward (4), ½ turn right transferring weight to RF (&) 6.00
5,6 Full turn right on LF as you sweep RF (5), step RF forward (6)
7,8 Step LF slightly over RF (7), step RF forward (8) 6.00
& Step LF forward (&)

Start again

TAG

Comes after wall 2 facing 12.00

[1-4]: Rocking chair

1,2 Rock RF forward (1), recover weight to LF (2)
3,4 Rock back RF (3), recover weight to LF (4)

Have fun dancing!

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