Time Rolling By

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拍數: 32

級數: Improver

編舞者: Hanna Pitkänen (FIN) - April 2024

音樂: Unchained Melody - The Righteous Brothers

No tags and no restarts! The dance starts immediately	
[1-8]: Cross, hitch, weave, 1/8 turn, rock step, back, ball step back, sway R L	
1,2	Step LF across RF as you hitch (1), step RF across LF (2)
3	Step LF to side (a), step RF behind LF (3)
4	Step LF to side (a), 1/8 turn to left stepping RF forward (4) 10.30
5a6	Recover weight to LF (5), step on ball of RF next to LF (a) step back LF (6)
7,8	1/8 turn right as you sway right (7), sway left (8) 12.00
[9-16]: Behind, side, forward, step, pivot ½ turn, step, touch, ½ unwind, step, sweep, step, sweep	
1a2	Step RF behind LF (1), step LF to side (a), step RF forward (2)
3,4	Step LF forward (3), ½ turn right as you transfer weight to RF (4) 6.00
5	Step LF forward (a), touch RF behind LF (5)
6	$\frac{1}{2}$ turn right as you transfer weight to RF (6) 12.00
7	Step LF forward as you sweep RF from back to front (7)
8	Step RF forward as you sweep LF from back to front (8)
[17-24]: Cross, point, back, sweep, back, sweep, ¼ turning weave, back rock	
1,2	Cross LF over RF (1), point RF to side as you snap your right fingers (2)
3	Step back RF as you sweep LF from front to back (3)
4	Step back LF as you sweep RF from front to back (4)
5a6	Step RF behind LF (5), step LF to side (a), step RF across LF (6)
7	¼ turn right stepping back LF (a), rock back RF (7) 3.00
8	Recover weight to LF (8)
[25-32]: Full turn, step, pivot ½ turn, ½ turn, sweep,	
1,2	$\frac{1}{2}$ turn left stepping back RF (1), $\frac{1}{2}$ turn left stepping LF forward (2) 3.00
Easier option prissy walks: step RF slightly across LF (1), step LF slightly across RF (2)	
3,4	Step RF forward (3), step LF forward (4)
5	¹ ⁄ ₂ turn right transferring weight to RF (5) 9.00
6	¹ / ₂ turn right stepping back LF as you sweep RF from front to back (6) 3.00
7	Step back RF as you sweep LF from front to back (7)
8a	Step LF behind RF (8), step RF to side (a)
Start again	
Have fun dancing!	



COPPER KNOE

牆數:4