

Dance With Blue

拍數: 32 牆數: 4 級數: Improver
編舞者: Juan C. Gonzalez (USA) - April 2024
音樂: Dance With Me - Blue



[1-8] Kick-Back-Forward, ¼ Right Twist Heels, Ball-Cross, Scissor Cross, Chest Pump

- 1&2 Kick RF forward (1), Step RF back (&), Step LF forward distribute weight on both feet (2) 12:00
3&4 Twist heels left turning 1/8 right (3), Twist heels right (&) Twist heels left turning 1/8 right (4) 12:00
&5-6 Step LF next to RF (&), Step RF in front of LF (5), Step LF to the side (6) 3:00
&7&8 Step RF next to LF (&), Step LF in front of RF (7), Push chest forward (&), Push chest back to center (8) 3:00

On Wall #7 continue with the tag. You will be facing 9:00.

[9-16] Ball-Cross, 1/8 Right, Toe-Back-Heel, ¼ Left Weave, ¼ Left Shuffle

- &1-2 Step RF to the side (&), Step LF in front of RF (1), 1/8 right step RF forward (2) 4:30
3&4 Tap L toe behind RF (3), Step LF back (&), Tap R heel forward (4) 4:30
5&6 Step RF behind LF (5), 1/8 left step LF to the side (&), 1/8 left step RF forward (6) 1:30
7&8 1/8 left step LF forward (7), Step RF next to LF (&), 1/8 left step LF forward (8) 11:30

[17-24] 1/8 Left w/Hip Bump-Sit, 2x Hip Bumps, Left-Sit, 2x Hip Bumps

- 1&2 1/8 left bump R hip to up (1), Back to center (&), Bump R hip down and transfer weight to RF (2) 9:00
&3&4 Bump L hip up (&) Back to R down (3) Bump L hip up (&) Back to R down (4) 9:00
5-6 Straighten R knee and step LF to the side (5), Bend L knee transferring weight onto LF (6)
Fun Option: Side body roll (5-6) 9:00
&7&8 Bump R hip up (&) Back to L down (7) Bump R hip up (&) Back to L down (8) 9:00

[25-32] Ball-Cross-Point, Sailor Step, ¼ Left, ¼ Left, Behind-Side-Forward

- &1-2 Step RF next to LF (&), Step LF in front of RF (1), Point RF to the side (2) 9:00
3&4 Step RF behind LF (3), Step LF to the side (&), Step RF to the side (4) 9:00
5-6 ¼ left step LF forward (5), ¼ right step RF to the side (6) 3:00
7&8 Step LF behind RF (7), Step RF to the side (&), Step LF forward (8) 3:00

Tag You will start facing 9:00 and finish facing the same wall.

- &1-2 Step RF to the side (&), Step LF in front of RF (1), ¼ right step RF forward (2) 12:00
3&4& Tap L toe behind RF (3), Step LF back (&), Tap R heel forward (4), Step RF next to LF (&) 12:00
5, 6-8 Step LF forward (5), ¾ right keeping weight on LF (6-8) 9:00

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