

# Hands On Me

**COPPER** **KNOB**  
BY STEPHEN

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Ann-Kristin Bekkeli-Sandvold (NOR) - April 2024  
音樂: Hands On Me (feat. Meghan Trainor) - Jason Derulo



**Intro: 32 counts after the beat (aprox 20 sec)**

## **Section 1 (1-8): V step x2**

1-2            Step RF to right diagonal - Step LF to left diagonal  
3-4            Step RF back to center - Step LF next to RF  
5-8            Repeat 1-4

## **Section 2 (9-16): Side together, side right, Side together, side left**

1-4            Step RF to right side - Step LF next to RF - Step RF right - Touch LF next to RF  
5-8            Step LF to left side - Step RF next to LF - Step LF left - Touch RF next to LF

## **Section 3 (17-24): Right vine whit touch, left vine whit ¼ turn left**

1-2            Step RF to right - Cross LF behind RF  
3-4            Step RF to right - Touch LF next to RF  
5-6            Step LF to left - Cross RF behind LF  
7-8            Turn ¼ to left and step forward on LF - Touch RF next to LF

### **Option; count 5-8 Rolling vine left with ¼ turn left**

5-6            Turn ¼ left when stepping forward onto LF - Turn ½ left when stepping RF back  
7-8            Turn ¼ left when stepping LF forward - Touch RF next to LF

## **Section 4 (25-32): Jazzbox, jump right, jump left**

1-4            Cross RF over LF - Step LF back - Step RF to right side - Step LF next to RF  
&5-6          Jump RF right - Touch LF next to RF - Hold  
&7-8          Jump LF left - Touch RF next to LF - Hold

**We hope you'll enjoy it! And please take care and stay safe ☐**

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