

Hands On Me

拍數: 32 牆數: 4 級數: Beginner
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音樂: Hands On Me (feat. Meghan Trainor) - Jason Derulo



Intro: 32 counts after the beat (aprox 20 sec)

Section 1 (1-8): V step x2

1-2 Step RF to right diagonal - Step LF to left diagonal
3-4 Step RF back to center - Step LF next to RF
5-8 Repeat 1-4

Section 2 (9-16): Side together, side right, Side together, side left

1-4 Step RF to right side - Step LF next to RF - Step RF right - Touch LF next to RF
5-8 Step LF to left side - Step RF next to LF - Step LF left - Touch RF next to LF

Section 3 (17-24): Right vine whit touch, left vine whit ¼ turn left

1-2 Step RF to right - Cross LF behind RF
3-4 Step RF to right - Touch LF next to RF
5-6 Step LF to left - Cross RF behind LF
7-8 Turn ¼ to left and step forward on LF - Touch RF next to LF

Option; count 5-8 Rolling vine left with ¼ turn left

5-6 Turn ¼ left when stepping forward onto LF - Turn ½ left when stepping RF back
7-8 Turn ¼ left when stepping LF forward - Touch RF next to LF

Section 4 (25-32): Jazzbox, jump right, jump left

1-4 Cross RF over LF - Step LF back - Step RF to right side - Step LF next to RF
&5-6 Jump RF right - Touch LF next to RF - Hold
&7-8 Jump LF left - Touch RF next to LF - Hold

We hope you'll enjoy it! And please take care and stay safe ☐

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