

# If You Believe

COPPERKNOB  
STEPPERS

拍數: 86      牆數: 1      級數: Phrased Advanced  
編舞者: Etl-dancers (SWE) - April 2024  
音樂: If You Believe - Strive to Be & Patch Crowe



Dance with Tag 8 counts,

Order of dance: A, B, Tag, A, B, Tag\*2, C, B, Tag\*2

## PART A

### [1-8] Samba walks, lockstep, 1/2 turn R, whisk L whisk R

1            RF step forward RF  
2            LF step forward LF  
3            RF step forward RF  
&            LF close behind RF  
4            RF step forward RF  
&            1/2 turn R  
5            LF step to L side  
&            RF close behind LF  
6            LF step onto LF  
7            RF step to R side  
&            LF close behind RF  
8            RF step onto RF

### [9-16] Volta full turn left, half diamond

1            LF 1/8 turn L step forward with LF  
&            RF close behind LF  
2            LF 1/8 turn L step forward with LF  
&            RF close behind LF  
3            LF 1/8 turn L step forward with LF  
&            RF close behind LF  
4            LF 1/8 turn L step forward with LF (facing 3:00)  
5            RF diagonally across L step RF forward (1:30)  
&            LF step forward with LF  
6            RF 1/4 turn R step back on RF (4:30)  
7            LF step back on LF  
&            RF 1/4 turn R step together with RF (7:30)  
8            LF 1/8 turn R step forward on LF (9:00)

### [17-24] press and batucadas\*2

1,2            press RF forward  
&            RF step behind LF  
3            LF press LF into floor  
&            LF step behind RF  
4            RF press RF into floor  
&            RF step behind LF  
5,6            press LF forward  
&            LF step behind RF  
7            RF press LF into floor  
&            RF step behind LF  
8            LF touch LF in front

**[25-32] Cross samba\*2, chainéturn\*2, step out step together**

- 1 LF cross over RF
- & RF step to R side
- 2 LF point diagonally L
- & LF step onto LF
- 3 RF step across LF
- & LF turn 1/4 R step back with LF(12:00)
- a turn 1/8 R while pointing out RF to side(facing 1:30 foot pointing 4:30),
- 4 1/4 turn while stepping onto RF
- & LF close beside RF turn full turn R
- 5 RF step forward on RF
- & LF close beside RF turn full turn R
- 6 RF step forward on RF
- & LF close beside RF 7/8 turn R
- 7 RF step to R side (face 12)
- 8 LF step together turn 1/8 L (10:30)

**PART B**

**[1-8] diagonally forward reverse turns 1 1/2 L, coaster turn**

- 1 RF step forward RF
- 2 LF step forward LF
- & RF 1/2 turn L step next to LF
- 3 LF step back with LF
- 4 RF step back and turn
- & LF 1/2 L step next to RF
- 5 RF step forward
- 6 LF step forward
- & RF 1/2 turn L step beside RF
- 7 LF step back on LF
- 8 RF step back
- & LF step together LF,

**[9-16] cross and cross, 1/2 L cross and cross meringue walks**

**A turning 3/8 R (9:00)**

- 1 RF Rf step cross LF
- & LF step to side
- 2 RF cross step LF
- & 1/2 turn L
- 3 LF step cross RF
- & RF step to side
- 4 LF step cross RF
- 5 RF walk forward
- 6 LF walk forward
- & RF walk forward
- 7 LF walk forward
- 8 RF walk forward
- & LF walk forward

**[17-24] extended weave, box**

- 1 RF 1/4 turn L step left to side
- 2 LF cross behind RF
- & RF step to side
- 3 LF step cross RF
- & RF step to side

4 LF step cross behind RF  
 & RF step to side  
 5 LF step across RF,  
 & hitch R Leg  
 6 RF step across LF  
 & LF step to L  
 7 RF cross behind LF, sweep LF front to back  
 8 LF step cross behind RF  
 & RF step to side

**[25-32] box, cross behind unwind, 1 1/2 chaine R, step back, together**

1 LF step across RF  
 & hitch R leg  
 2 RF cross over LF  
 & LF step to side  
 3 RF touch behind LF  
 & unwind 1/2 turn R  
 4 RF step forward  
 & LF together full turn R  
 5 RF step forward  
 & LF step together 1/2 turn R  
 6 RF step back  
 7 LF drag towards RF  
 8 jump together

**PART C**

**[1-8] diagonal lock-steps R, diagonal lockstep L**

1 RF step diagonally right  
 & LF close behind RF  
 2 RF step diagonally right  
 & LF close behind RF  
 3 RF step diagonally right  
 & LF close behind RF  
 4 RF step diagonally right  
 5 LF step diagonally left  
 & RF close behind LF  
 6 LF step diagonally left  
 & RF close behind LF  
 7 LF step diagonally left  
 & RF close behind LF  
 8 LF step diagonally left

**[9-16] walk and lockstep in half circle. Walk, walk, dubble turn**

**(1-4) Starting facing 10:30 ending 4:30)**

1 RF 1/8 L step forward  
 2 LF 1/8 L step forward  
 3 RF 1/8 L step forward  
 & LF behind RF  
 4 RF 1/8 L step forward  
 5 LF step forward  
 6 RF step forward, preps  
 7 LF 1/2 turn R step Lf back  
 & RF 1/2 turn R step RF forward  
 8 LF 1/2 turn R step Lf back

& RF 1/2 turn R step RF forward (4:30)

**[17-22] walk\*2, slow turn on RF, together**

1 LF walk forward  
2 RF walk forward  
3-6 slowly turn 1/2 L, sink/sitt in R Leg  
& LF step together

**Tag**

**[1-8] stationary basics, cross samba, volta L**

1 RF kick forward  
& RF step next to LF  
2 LF rock back  
& RF recover onto RF  
3 LF kick forward  
& LF step next to RF  
4 RF rock back  
& LF recover onto LF  
5 RF cross ove LF  
& LF step to L  
6 RF step forward  
7 RF 1/2 turnL  
& LF step LF forward  
8 RF step forward  
& LF 1/2 turn L step onto LF

---