

If You Believe

COPPERKNOB
STEPPERS

拍數: 86 牆數: 1 級數: Phrased Advanced
編舞者: Etl-dancers (SWE) - April 2024
音樂: If You Believe - Strive to Be & Patch Crowe



Dance with Tag 8 counts,

Order of dance: A, B, Tag, A, B, Tag*2, C, B, Tag*2

PART A

[1-8] Samba walks, lockstep, 1/2 turn R, whisk L whisk R

1 RF step forward RF
2 LF step forward LF
3 RF step forward RF
& LF close behind RF
4 RF step forward RF
& 1/2 turn R
5 LF step to L side
& RF close behind LF
6 LF step onto LF
7 RF step to R side
& LF close behind RF
8 RF step onto RF

[9-16] Volta full turn left, half diamond

1 LF 1/8 turn L step forward with LF
& RF close behind LF
2 LF 1/8 turn L step forward with LF
& RF close behind LF
3 LF 1/8 turn L step forward with LF
& RF close behind LF
4 LF 1/8 turn L step forward with LF (facing 3:00)
5 RF diagonally across L step RF forward (1:30)
& LF step forward with LF
6 RF 1/4 turn R step back on RF (4:30)
7 LF step back on LF
& RF 1/4 turn R step together with RF (7:30)
8 LF 1/8 turn R step forward on LF (9:00)

[17-24] press and batucadas*2

1,2 press RF forward
& RF step behind LF
3 LF press LF into floor
& LF step behind RF
4 RF press RF into floor
& RF step behind LF
5,6 press LF forward
& LF step behind RF
7 RF press LF into floor
& RF step behind LF
8 LF touch LF in front

[25-32] Cross samba*2, chainéturn*2, step out step together

- 1 LF cross over RF
- & RF step to R side
- 2 LF point diagonally L
- & LF step onto LF
- 3 RF step across LF
- & LF turn 1/4 R step back with LF(12:00)
- a turn 1/8 R while pointing out RF to side(facing 1:30 foot pointing 4:30),
- 4 1/4 turn while stepping onto RF
- & LF close beside RF turn full turn R
- 5 RF step forward on RF
- & LF close beside RF turn full turn R
- 6 RF step forward on RF
- & LF close beside RF 7/8 turn R
- 7 RF step to R side (face 12)
- 8 LF step together turn 1/8 L (10:30)

PART B

[1-8] diagonally forward reverse turns 1 1/2 L, coaster turn

- 1 RF step forward RF
- 2 LF step forward LF
- & RF 1/2 turn L step next to LF
- 3 LF step back with LF
- 4 RF step back and turn
- & LF 1/2 L step next to RF
- 5 RF step forward
- 6 LF step forward
- & RF 1/2 turn L step beside RF
- 7 LF step back on LF
- 8 RF step back
- & LF step together LF,

[9-16] cross and cross, 1/2 L cross and cross meringue walks

A turning 3/8 R (9:00)

- 1 RF Rf step cross LF
- & LF step to side
- 2 RF cross step LF
- & 1/2 turn L
- 3 LF step cross RF
- & RF step to side
- 4 LF step cross RF
- 5 RF walk forward
- 6 LF walk forward
- & RF walk forward
- 7 LF walk forward
- 8 RF walk forward
- & LF walk forward

[17-24] extended weave, box

- 1 RF 1/4 turn L step left to side
- 2 LF cross behind RF
- & RF step to side
- 3 LF step cross RF
- & RF step to side

4 LF step cross behind RF
 & RF step to side
 5 LF step across RF,
 & hitch R Leg
 6 RF step across LF
 & LF step to L
 7 RF cross behind LF, sweep LF front to back
 8 LF step cross behind RF
 & RF step to side

[25-32] box, cross behind unwind, 1 1/2 chaine R, step back, together

1 LF step across RF
 & hitch R leg
 2 RF cross over LF
 & LF step to side
 3 RF touch behind LF
 & unwind 1/2 turn R
 4 RF step forward
 & LF together full turn R
 5 RF step forward
 & LF step together 1/2 turn R
 6 RF step back
 7 LF drag towards RF
 8 jump together

PART C

[1-8] diagonal lock-steps R, diagonal lockstep L

1 RF step diagonally right
 & LF close behind RF
 2 RF step diagonally right
 & LF close behind RF
 3 RF step diagonally right
 & LF close behind RF
 4 RF step diagonally right
 5 LF step diagonally left
 & RF close behind LF
 6 LF step diagonally left
 & RF close behind LF
 7 LF step diagonally left
 & RF close behind LF
 8 LF step diagonally left

[9-16] walk and lockstep in half circle. Walk, walk, dubble turn

(1-4) Starting facing 10:30 ending 4:30)

1 RF 1/8 L step forward
 2 LF 1/8 L step forward
 3 RF 1/8 L step forward
 & LF behind RF
 4 RF 1/8 L step forward
 5 LF step forward
 6 RF step forward, preps
 7 LF 1/2 turn R step Lf back
 & RF 1/2 turn R step RF forward
 8 LF 1/2 turn R step Lf back

& RF 1/2 turn R step RF forward (4:30)

[17-22] walk*2, slow turn on RF, together

1 LF walk forward
2 RF walk forward
3-6 slowly turn 1/2 L, sink/sitt in R Leg
& LF step together

Tag

[1-8] stationary basics, cross samba, volta L

1 RF kick forward
& RF step next to LF
2 LF rock back
& RF recover onto RF
3 LF kick forward
& LF step next to RF
4 RF rock back
& LF recover onto LF
5 RF cross ove LF
& LF step to L
6 RF step forward
7 RF 1/2 turnL
& LF step LF forward
8 RF step forward
& LF 1/2 turn L step onto LF
