

Jai Ho

拍數: 64 牆數: 4 級數: Phrased Improver
編舞者: Ranny Kusumawardhani (INA) - April 2024
音樂: Jai Ho! (You Are My Destiny) (feat. Nicole Scherzinger) - A. R. Rahman & The Pussycat Dolls : (CD: Slumdog Millionaire Soundtrack)



Intro Music. 32 Count - No Tag, 1 Restart

Sequence. A A B B A A(16) A A B B A A B B A

Part A. 32 Count

Section 1. V Step twice

- 1 - 4 Step R diagonal R forward (1) step L diagonal L forward (2) step R back to centre (3) step L back to centre (4)
5 - 8 Step R diagonal R forward (5) step L diagonal L forward (6) step R back to centre (7) step L back to centre (8)

Section 2. Monterey, Body wave rock recover

- 1 - 4 Point R to R side (1) 1/4 turn R, step R next to L (2) Point L to L side (3) step L next to R (4)
5 - 8 Rock R forward (5) recover L (6) rock R forward (7) recover L (8)

Do the count 5 - 8 with body roll

Section 3. Anchor Step R-L, Back Hitch, Walk R-L

- 1 & 2 Rock R back, Recover L, Rock R back
3 & 4 Rock L back, Recover R, Rock L back
5 - 6 Step right back hitching left knee, step left forward
7 - 8 Step right forward, step left forward

Section 4. Half left turn, Forward Shuffle, Half Right Turn, Forward Shuffle

- 1 - 2 Step R forward (1) Turn 1/2 L, step L forward (2)
3 & 4 Step R forward (3) step L next to R (&) step R forward (4)
5 - 6 Step L forward (5) turn 1/2 R, step R forward (6)
7 & 8 Step L forward (7) step R next to L (&) step L forward (8)

Part B. 32 Count

Section 1. Vine R-L

- 1 - 4 Step R to side (1) cross L behind R (2) step R to side (3) touch L next to R (4)
5 - 8 Step L to side (5) cross R behind L (6) step L to side (7) touch R next to L (8)

Section 2. Cross Touch R-L, Jazzbox quarter right

- 1 - 4 Cross R over L (1) Point L to L side (2) Cross L over R (3) Point R to R side (4)
5 - 8 Cross R over L (5) Turn 1/4 R, step L back (6) step R to side (7) cross L over R (8)

Section 3. Touch R-L, Right Chasse

- 1 - 2 Step R to side (1) Touch L in place (2)
3 - 4 Step L to side (3) Touch R in place (4)
5 - 8 Step R to side (5) step L next to R (6) step R to side (7) Point L to L side (8)

Section 4. Full Right Turn, Touch side R-L

- 1 - 4 Turn 1/4 L, step L forward (1) turn 1/2 L, step R back (2) turn 1/4 L, step L to L side (3) touch R next to L (4)
5 - 8 Step R to side (5) touch L next to R (6) step L to side (7) touch R next to L (8)

Enjoy The Dance!

For more info, please kindly contact me at: meet.ranny@gmail.com
