

Hurt NC

COPPER KNOB
STEPPERS

拍數: 32 牆數: 2 級數: Easy Intermediate
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音樂: Hurt - Christina Aguilera



Intro : 12 C

RESTART on W 3 & 6 after 24 C

RESTART on W8 8 C change step

on count 8 & : recover on R - step L beside R

S-1 : BASIC NIGHT CLUB-SIDE BEHIND-SIDE CROSS-1/4 TURN L-FORWARD .

1-2&3 Step R to side - Cross L slightly behind R - Cross R over L - Step L to side.

4&5 Cross R behind L - Step side R - Cross R over L

6&7 Recover on L - Step side R - Cross L over R

8& Recover on R - 1/4 turn L step L forward (facing 09.00)

Restart here on wall9 with change step on count 8& : recover - step L to side facing 12.00

S-II : FORWARD HITCH - BACKSWEEP R/L - COUSTER STEP - 1/4 DIAMOND

1-2-3 Step R forward and hitch on L - step L to back with sweep R from front to back - step R to back with sweep L from front to back

4&5 Step L back - step R together - step L forward

6&7 Cross R over L with sweep - step L to side - 1/8 turn R step R back (facing 10.30)

8&1 Step L back - 1/8 turn R step R to side (facing 12.00) - step L forward

S III CROSS ROCK - BIG STEP - WEAVE - UNWIND FULL TURN L

2&3 Sweep R from back to front while Cross R over L - recover on L, - Big step R to side,

4&5 ; Cross L behind R - step R to side - cross L over R

6&7 Recover on R - step L to side - cross R over L

8 make full turn L - put your weight on L (12.00)

restart here on Wall 5 facing 06.00 and Wall 8 facing 12.00

S IV SIDE BACK ROCK - 1/2 R FORWARD FULL TURN R - FULL TURN

1 - 2 & Step R to side - rock back on L - recover on R

3 - 4 & 1/2 R stepping R back - recover on L- rock back on R

5 6 & 7 Step R forward - 1/2 Turn R Stepping L back - 1/2turn R Step forward

8 & 1/2 Turn L- stepping R back- 1/2 turn L- frwd L (06.00)

Dance with your heart♥♥♥

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