

# Salvavidas

COPPER KNOB  
STEP SHEETS

拍數: 32      牆數: 4      級數: Improver / Intermediate  
編舞者: Vee Trias (INA), Swesty Budianingsih (INA), Mimitha Kaeru (INA) & Roosamekto Mamek (INA) - April 2024  
音樂: Salvavidas - Lérica, Demarco Flamenco & Nyno Vargas



Intro: 16 count (approximately 00:12)

No Tag, No Restart

## S1. SAMBA WHISK (R-L), SYNCOPATED ROCKING CHAIR, WALK FORWARD (R-L)

1 a2      Step R to side – Rock L back – Recover on R (12:00)  
3 a4      Step L to side – Rock R back – Recover on L  
5&6&      Rock R forward – Recover on L – Rock R backward – Recover on L  
7-8      Walk R forward – Walk L forward

## S2. CROSS SAMBA, PUSH FORWARD WITH HIPS SWAY, HIPS SWAYS, TURN 1/2 LEFT WITH FLICK

1&2      Cross R over L – Rock L to side – Recover on R (12:00)  
3&4      Cross L over R – Rock R to side – Recover on L  
5-8      Push R ball forward sway hips forward – Sway hips back – Transfer weight on R and sway hips forward – Turn 1/2 left flick R back (6:00)

## S3. FORWARD MAMBO, BACK MAMBO, SIDE MAMBO (R & L)

1&2      Rock R forward – Recover on L – Step R back (6:00)  
3&4      Rock L back – Recover on R – Step L forward  
5&6      Rock R to side – Recover on L – Step R together  
7&8      Rock L to side – Recover on R – Step L together

## S4. FORWARD LOCK SHUFFLE, JAZZBOX CROSS TURN 1/4 RIGHT

1&2      Step R forward – Lock L behind R – Step R forward  
3&4      Step L forward – Lock R behind L – Step L forward  
5-8      Cross R over L – Turn 1/4 right step L back – Step R to side – Cross L over R (9:00)

REPEAT

For more info about step sheet & song, please contact:

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