

The Final

拍數: 80 牆數: 2 級數: Advanced
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音樂: The Final Countdown - Bran, Meric Again & Nito-Onna



Intro: 16 Counts, Start at approx 15 secs
Sequence: A (Counts 17-32), B, B, C, A, B, B, C

Part A: 32c

SEC 1 1/8 Fallaway Diamond

- 1-2& Step right to right, turn 1/8 left step left back, step right back (10:30)
- 3-4& Turn 1/8 left step left to left, turn 1/8 left step right forward, step left forward (7:30)
- 5-6& Turn 1/8 left step right to right, turn 1/8 left step left back, step right back (4:30)
- 7-8& Turn 1/8 left step left to left, turn 1/8 left step right forward, step left forward (1:30)

SEC 2 Full Fallaway Diamond

- 1-2& Turn 1/8 left step right to right, turn 1/8 left step left back, step right back (10:30)
- 3-4& Turn 1/8 left step left to left, turn 1/8 left step right forward, step left forward (7:30)
- 5-6& Turn 1/8 left step right to right, turn 1/8 left step left back, step right back (4:30)
- 7-8& Turn 1/8 left step left to left, turn 1/8 left step right forward, turn 1/8 left step left forward (12:00)

SEC 3 Nightclub Basic, Sway x3, 1/8 Step Sweep, Cross, 1/8 Back, 1/2 Step Sweep, Cross, Side

- 1-2& Step right to right, step left beside right, cross right over left (12:00)
- 3-4& Step left to left swaying body left, sway body right, sway body left
- 5 Turn 1/8 right step right forward sweeping left from back to front (1:30)
- 6&7 Cross left over right, turn 1/8 left step right back
- 7 Turn 1/2 left step left forward sweeping right from back to front (6:00)
- 8& Cross right over left, step left to left

SEC 4 1/8 Back Rock, 1/2 Back, Back, Back Rock, 1/2 Back, 5/8 Step, Run, Run, Jump Out, Hold

- 1-2 Turn 1/8 right rock right back, recover weight onto left (7:30)
- &3 Turn 1/2 left step right back, step left back (1:30)
- 4&5 Rock right back, recover weight onto left, turn 1/2 left step right back (7:30)
- &6& Turn 5/8 left step left forward, step right forward, step left forward (12:00)
- 7-8 Jump feet apart, Hold

Part B: 32c

SEC 1 Jump Together, Step, 1/2 Pivot, 1/2 Back Lock Back, Back, Out Out, Ball Cross

- 1 Jump both feet together
- 2-3 Step right forward, pivot 1/2 left transferring weight on to left (6:00)
- 4&5 Turn 1/2 left step right back, lock left over right, step right back (12:00)
- 6&7 Step left back, step right to right, step left to left
- &8 Step right beside left, cross left over right

SEC 2 1/8 Ball Point, 1/4 Step Flick, Step, Step Lock Step, Step, 1/2 Pivot, Step Lock Step

- &1 Turn 1/8 right step right to right, point left to left (1:30)
- 2-3 Turn 1/4 left step left forward flicking right back, step right forward (10:30)
- 4&5 Step left forward, lock right behind left, step left forward
- 6-7 Step right forward, pivot 1/2 left transferring weight on to left (4:30)
- 8&1 Step right forward, lock left behind right, step right forward

SEC 3 Hold, Extended Lock Step, Rock, 1/8 Weave

- 2 Hold
&3&4 Lock left behind right, step right forward, lock left behind right, step right forward
&5 Lock left behind right, step right forward
6-7 Rock left forward, recover weight onto right
8&1 Step left behind right, turn 1/8 right step right to right, step left forward (6:00)

SEC 4 Rock, Back, 1/2 Step, Step, Rock, 1/2 Step

- 2-3 Rock right forward, recover weight onto left
4&5 Step right back, turn 1/2 left step left forward, step right forward (12:00)
6-7 Rock left forward, recover weight onto right
8 Turn 1/2 left step left forward (6:00)

Part C: 16c**SEC 1 1/4 Ball Behind, Hold, 1/4 Ball Cross, Hold, 1/2 Extended Weave, Hop Hitch**

- &1-2 Turn 1/4 left step right to right, step left behind right, hold (9:00)
&3-4 Turn 1/4 left step right to right, cross left over right, hold (6:00)
&5&6 Turn 1/4 left step right to right, step left behind right (3:00)
&6 Turn 1/4 left step right to right, cross left over right (12:00)
&7-8 Step right to right, step left behind right, hop on left leg hitching right knee

SEC 2 Side Slide, Out, Out, In, Contract, Recover

- 1-2-3 Step right to right sliding left towards right over 3 counts
4&a5 Step left to left, step right to right, step left beside right, step right beside left collapsing body
Arms Place right arm up to right diagonal, place left arm up to left diagonal, bring right arm in, bring left arm in
6-7-8 Return to standing over 3 counts
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