

I Am Not a Sinner

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Laura Bartolomei (FR) - April 2024
音樂: The Confession - Sam Feldt



Intro: 32 counts, start at approximately 0:16s

S1: Step, Rockstep, Lockstep, Cross rockstep, Chasse

1 Step Left back (1),
2-3 Rock Right behind (2), Recover on Left (3),
4&5 Step Right forward (4), Lock Left behind Right (&), Step Right forward (5),
6-7 Cross Rock Left forward (6), Recover on Right (7),
8& Step Left to Left (8), Close Right next to Left (&),

S2: Hiproll and touch x2, Sailorstep, Cross, Step ¼

1-2 Step Left to Left (1) make a Hip roll clockwise and touch Right on Right with hip bump (2)
3-4 Step Right to Right making a Hip roll anti clockwise, touch Left on Left keeping weight on Right (4)
5&6 Cross Left behind Right (5), Step Right to Right (&), Recover Left (6),
7-8 Cross Right over Left (7), Step Left back making a ¼ turn Right (8),

Restarts: wall 2 – 4 – 7

7-8 Cross Right over Left (7), Hitch Left making ¼ Right

Start again

S3: Coasterstep, Cross Point, Cross ¼ Point, ½ turn Cross shuffle

1&2 Step Right back (1), Step Left next to Right (&), Step Right forward (2),
3-4 Cross Left forward (3), Point Right to Right (4),
5-6 Cross Right over Left making a ¼ turn Right (5), Point Left to Left (6),
7&8 Cross Left over Right making a ¼ turn Left (7), Step Right to Right making ¼ turn Right (&),
 Cross Left over Right (8)

S4: Rockstep, Cross Shuffle, Weave ¾, Hitch

1-2 Rock Right to Right (1), Recover on Left (2),
3&4 Cross Right over Left (3), Step Left to Left (&), Cross Right over Left (4)
5-6 Step Left to Left (5), Cross Right behind Left (6),
7-8 Step Left forward making ¼ turn Left (7), Step Right back with Left hitch turning ½ Left

Start Again!
