

Craziness (Best Trip to Poland)

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Silvia Schill (DE) - April 2024
音樂: Wildflowers and Wild Horses - Lainey Wilson



Note: The dance begins after 16 beats at 'In the middle of the night'

S1: Rock forward, shuffle in place turning full r (coaster step), cross, side, behind-side- $\frac{1}{8}$ turn r

- 1-2 Step forward with the right - weight back on the left foot
- 3&4 3 steps on the spot, making a full rotation to the right (r - l - r) (Option: Coaster Step)
- 5-6 Cross left foot over right - step to right with right
- 7&8 Cross left foot behind right - step to the right with the right, $\frac{1}{8}$ turn to the right and step forward with the left (1:30)

S2: Rock forward, shuffle back turning $\frac{1}{2}$ r, step, $\frac{1}{2}$ turn l, $\frac{1}{8}$ turn l/chassé l

- 1-2 Step forward with the right - weight back on the left foot
- 3&4 $\frac{1}{4}$ turn to the right and step to the right with the right - put the left foot next to the right, $\frac{1}{4}$ turn to the right and step forward with the right (7:30)
- 5-6 Step forward with the left - $\frac{1}{2}$ turn to the left and step backwards with the right (1:30)
- 7&8 $\frac{1}{8}$ turn to the left and step to the left with the left - put the right foot next to the left and step to the left with the left (12 o'clock)

(Restart: In the 5th round 12 o'clock - stop here and start again)

S3: Jazz box with cross, chassé r, $\frac{1}{4}$ turn l/chassé l

- 1-2 Cross right foot over left - step backwards with left
- 3-4 Step right with right - Cross left foot over right
- 5&6 Step to the right with the right - Put the left foot next to the right and step to the right with the right
- 7&8 $\frac{1}{4}$ turn to the left and step to the left with the left - put the right foot next to the left and step to the left with the left (9 o'clock)

S4: Step, touch behind-back-heel & step, rocking chair

- 1-2 Step forward with the right - tap the toe of the left foot behind the right foot
- &3 Step backwards with left and right heel tap in front
- &4 Place your right foot next to your left and step forward with your left
- 5-6 Step forward with right - weight back on left foot
- 7-8 Step backwards with right - weight back on left foot

Repeat until the end and have fun and don't vergot to smile :)

Last Update: 14 May 2024