

# Jack

拍數: 64      牆數: 4      級數: Intermediate  
編舞者: Beatrice Jover (FR) & Sabrina rodriguez (FR) - April 2024  
音樂: Hit the Road Jack - Throttle



Intro : 16 counts

**SEC 1 : Charleston, Touch RF, Touch LF 1/8 turn L, Touch RF, Touch LF 1/8 turn L**

1-2 3 4      Touch RF , Back L, Touch back R, Step LF  
5 6 7 8      Touch RF, Touch LF 1/8 turn L , Touch RF, Touch LF 1/8 turn L

**SEC 2 : Charleston, Flick X4 ¼ turn left**

1 2 3 4      Touch RF , Back L, Touch back R, Step LF  
5 6 7 8      Flick R X4 Turn L

**SEC 3 Side R, Touch, Side L, Touch, V Step**

1 2 3 4      Step R side, Step L next to R , Step L side, Step R next to L with arm hands  
5 6 7 8      RF Step in R diag,R, LF Step in L diag, RF Back to center, LF Back to center with arm hands

**SEC 4 Triple step R side, Triple step L side, Step R,L,R,L in circle ½ turn L**

1&2      Step R side to R , Step L next to R, Step R side to R with arm hands  
3&4      Step L side to L , Step R next to L, Step L side to L with arm hands  
5 6 7 8      Step R 1/8 L ; Step L 1/8 L, Step R 1/8 L, Step L 1/8 L in circle

**SEC 5 Charleston with kick, Step turn , Pony step**

1-2 3 4      Step RF, Kick LF, Step back R, Touch R back  
5-6      Step RF, Turn left weithching right  
7&8      LF step back hitching R knee , RF close next to LF, LF step back hitching R knee

**SEC6 Step , Kick, Step, Kick, Back, Recover, Back, Flick**

1 2 3 4      Step RF, Kick LF, Step LF, Kick RF  
5 6      Step L back, Rock LF  
7 8      Step R back, Step flick R

**SEC 7 Out, Out , Hip roll, Swivel, Swivel, Hold, sax with hands**

1 2      Step RF in R diag, Step LF in L diag,  
3 4      Step R to right and hip roll counterclockwise  
&5 &6      Swivel R heel inside and heel center, Swivel L heel inside and heel center  
7 8      Hold, Playing the sax

**SEC8 Kick R F, Kick R side, ¼ turn left side, Behind, Pigeon toes X2**

1 2      Kick RF, Kick R side R  
3 4      Step R ¼ T R, Step L behind  
5 6 7 8      Swivel step R and L Toes outside, Swivel step R and L Toes inside X2

**BRIDGE 40 counts : Raise your arms on 4 counts, Over 4 counts walk centre ending with feet apart facing forwards**

- . after wall 3 Raise your arms on 4 counts, Step R side R and drag step L on 4 counts
- . Raise your arms on 4 counts, Step L side L and drag step R on 4 counts
- . Raise your arms on 4 counts, Step R side and drag step L on 4 counts
- . Raise your arms on 4 counts, Run back to original starting position

Contact : [b.j.linedance@gmail.fr](mailto:b.j.linedance@gmail.fr)

GOOD DANCE

---