

# Sweet Home Alabama

COPPER KNOB  
STEPPERS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Unknown  
音樂: Sweet Home Alabama - Lynyrd Skynyrd



No tags or restarts

#32 count intro – start on vocals

## Section 1 - Right Syncopated grapevine: side, behind, side

1            step right foot to right side  
&            step left foot behind right  
2            step right foot to right side

## Knee pop, knee pop

3            weight onto left leg and turn right knee in  
4            weight onto right leg and turn left knee in

## Left Syncopated grapevine: Side, behind, side

5            step left foot to left side  
&            step right foot behind left  
6            step left foot to left side

## Knee pop, knee pop

7            weight onto right leg and turn left knee in  
8            weight onto left leg and turn right knee in

## Section 2 - Rocking chair : Rock forward, rock back

1            Right foot - rock forward  
2            Recover on left  
3            Right foot - rock back  
4            Recover on left

## Step 1/2 turn, step 1/4 turn

5            Step right foot forward  
6            1/2 pivot turn to left take weight onto left foot  
7            step right foot forward  
8            1/4 pivot turn to left take weight foot onto left foot

## Section 3 : Fast rocking chair:

### Forward and back and forward and back/kick

1            rock forward right foot,  
&            recover on left  
2            rock back right foot,  
&            recover on left  
3            rock forward right foot,  
&            recover on left  
4            step back on right foot and kick left foot forward

Step, together, roll, roll

- 5 Step left forward
- 6 Close right foot to left foot
- 7, 8 x 2 hip circles

**Section 4: Grape vine right and left**

**Side, behind, side, touch**

- 1 step right foot to right side
- 2 step left foot behind right
- 3 step right foot to right side
- 4 touch left foot to right foot

**Side, behind, side, touch**

- 5 step left foot to left side
- 6 step right foot behind left
- 7 step left foot to left side
- 8 touch right foot to left foot

Script submitted by Maggie Stevenson (scotland) - [magsstevenson@yahoo.co.uk](mailto:magsstevenson@yahoo.co.uk)

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