

Eric's Angel

拍數: 32 牆數: 4 級數: Improver
編舞者: Michael Barr (USA) - April 2024
音樂: Angel - Eric Clapton : (Album: Old Stock)



No Tags No Restarts - General note: keep some finishing movement through the holds.

[1-8] Mambo Step - Kick - Coaster Step – Hold

1-2 Step-rock RF forward (1); Return weight to LF in place (2)
3-4 Step RF back (3); Kick LF low and forward (4)
5-6 Step LF back (5); Step RF next to LF (6)
7-8 Step LF forward (7); Hold (8)

[9-16] 1/4 Right Fall-Away Diamond w/ Holds

1-2 Step RF forward crossing in front of LF (1); Step LF to side left
3-4 Step RF back to face right diagonal (3); Hold (4) facing 1:30
5-6 Step LF back facing same diagonal (5); Step RF side right turning 1/8 right (6) facing 3:00
7-8 Step LF forward (7); Hold (8)

[17-24] Forward R,L, Forward R w/ Slight Twist Right, Hold – Forward, 1/2 Turn L Step Back, Touch, Hold

1-2 Step RF forward (1); Step LF forward (2) facing 3:00
3-4 Step RF forward with slight twist of the upper torso right (4:00) (3); Hold (4) (eyes facing 3:00)

Styling Note: This slight twist is reminiscent of an English Cross. If you like, bring your left arm/hand in front of you perpendicular to torso, pull the right arm/hand out and back (prep).

5-6 Step LF forward (5); Turn ½ left stepping RF slightly back (6) facing 9:00
7-8 Touch LF toe in place with bent left knee (7) (weight still on R); Hold (8)

Note: As you make your ½ turn (6) allow weight to stay back on right as your LF toe touches in front.

7-8 LF Toe & L Knee facing 9:00 with hips & upper body facing 10:30 (right diagonal).

[25-32] Sway Forward 2 Counts, Return 2 Counts – Step Forward, Lock, Forward, Hold

1-2 Sway onto forward LF in place for 2 counts (1-2) facing 9:00
3-4 Sway return onto RF in place for 2 counts (3-4)
5-6 Step LF forward (5); Step RF forward and behind LF (lock) (6)
7-8 Step LF forward (7); Hold (8)

Eric's ANGEL – HAVE A FUN TIME ON THE DANCE FLOOR – Begin again!

Ending: The 15th rotation will start on the 6:00 wall (4th time at 6:00).

Dance the last 4 counts (28-32), 5, 6, 7, 8 like this. You will be facing 3:00 at that time.

5 Step LF forward (5)
6 Step forward onto ball of RF and as you rise a bit start slow ¼ turn left to the front (6)
7-8 SLOWLY come down onto LF in place (7); Hold (8) as the music comes to an end. Ta Da!