

Keep Going Up

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Shirley Trinidad Stassi (USA) - April 2024
音樂: Keep Going Up - Timbaland, Nelly Furtado & Justin Timberlake



No Tags/Restarts

Begins: After intro music lead in "I Keep Going" 3x's, then 2-8 counts

Section 1: Toe Heel, Toe Heel, Tap Front, Side, Together (switch) (Stepping Forward)

1-4 R-toe heel, L-toe heel
5-8 R-tap front, side, together

Section 2: Toe Heel, Toe Heel, Tap Front, Side, Together (Stepping Backward)

1-4 L-toe heel, R-toe heel
5-8 L-tap front, side, together

Section 3: Cross Rock, Tripple Side, Cross Rock, Triple Side

1,2 Cross R over L, Recover back on L
3&4 Triple Side (RLR)
5,6 Cross L over R, Recover back on R
7&8 Triple Side (LRL)

Section 4: Stomp, Clap (Hey), Stomp, Clap (Hey), Kick Ball Change, Pivot ¼ Turn L

1,2 R-Stomp, Clap & say "HEY"
3,4 L-Stomp, Clap & say "HEY"
5&6 R-Kick, R-Ball, L-Ball
7&8 R-Pivot ¼ turn left
