

Go Easy On Me

COPPER KNOB
BY PDSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Yo Herry P (INA) & Lelly Tjokro (INA) - April 2024
音樂: Easy On Me (Bachata Versión Remix DJC) | ZUMBA | BY YP.J - Adele



Intro: 32 Count from music start .or. Start dance on words ".....no.....".or. Starts dance after music runs for approximately 15 seconds

No Tag – 3 Restart

S1: BASIC BACHATA (RIGHT, LEFT)

1-4 Step R to side (1), Step L next to R (2), Step R to side (3), Touch L beside R&hips bump
5-8 Step L to side (5), Step R next to L (6), Step L to side (7), Touch R beside L&hips bump

S2: LARGE STEP, FLICK, TOUCH, BESIDE TOUCH, SIDE, HOLD, HIP ROLL, BESIDE TOUCH

1-4 Large step R to side while dragging L toward R (1), Continue flick L back (2), Touch L outside left (3), Touch L beside R (4)
5-8 Step L to side (5), Hold (6), Roll hips around spine right (7), Touch R beside L (8)

S3: SLOW FORWARD COASTER STEP, HOOK, TURN ¼ LEFT

1-4 Step R forward (1), Step L beside R (2), Step R back (3), Hook L across R (4)
5-8 Step L forward (5), Make ½ turn left step R back (6), Make ¼ turn left step L to side (7), Touch R beside left (8)

S4: (FORWARD, TOUCH&HIP BUMP)X2, SWAY, SWAY, SWAY, CLOSE

1-4 Step R forward (1), Touch L beside R&hip bump (2), Step L forward (3), Touch R beside L&hip bump (4)
5-8 Step R to side&sway right (5), Sway L (6), Sway R (7), Step L next to R (8)

Enjoy the dance.

Restart during Wall 3 after 16 count.

Restart during Wall 6 & Wall 9 after 8 count

For more questions about this dance please contact us at: yodancesport@gmail.com .or. lelly6463@gmail.com