

Portland Dance Floor

COPPERKNOB
BY STEPHEN BETTS

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Amy Glass (USA), Dustin Betts (USA), Jean-Pierre Madge (CH), José Miguel Belloque Vane (NL), Simon Ward (AUS) & Niels Poulsen (DK) - April 2024
音樂: Our Song - P!nk



Intro: 16 counts from first strong beat in music. App. 15 secs. into track. Start with weight fwd on L

Note: Helpful starting position: start with body opened up to R side to prep for first turn

Extra note: NO TAGS – NO RESTARTS!!!

[1 – 9] ½ L sweep, behind side hitch 1/8 R, back RL, ¼ R sways, slide together, run 5/8 L hitch

1 Turn ½ L stepping back on R sweeping L out to L side (1) 6:00
2&3 Cross L behind R (2), step R to R side (&), turn 1/8 R stepping L fwd hitching R knee (3) 7:30
4& Run back R (4), run back L (&) 7:30
5 – 7 Turn ¼ R stepping R to R side swaying body R and looking R (5), sway body L looking L (6), push off L stepping R to R side dragging L next to R (7) 10:30
8&1 Turn ¼ L stepping L fwd (8), turn ¼ L stepping R fwd (&), turn 1/8 L stepping L fwd hitching R knee (1) 3:00

[10 – 16] Press R, recover sweep, R back rock, full turn L, run LR fwd, L mambo ¼ L, cross

2 – 3 Press R fwd (1), recover back on L sweeping R to R side (3) 3:00
4&5 Rock back on R (4), recover fwd onto L (&), turn ¼ L stepping R to R side but continuing to turn another ¾ L on R sweeping L fwd (5) 3:00
6& Run L fwd (6), run R fwd (&) 3:00
7&8& Rock L fwd (7), recover back on R (&), turn ¼ L stepping L to L side (8), cross R over L (&) 12:00

[17 – 23] Side L, behind side 1/8 L fwd R, recover ball step ¼ R fwd L, prep, 5/8 unwind sweep

1 Step L to L side turning body slightly to R diagonal (1) 12:00
2&3 Cross R behind L (2), step L to L side (&), turn 1/8 L rocking R into L diagonal reaching R arm fwd (3) 10:30
4&5 Recover back on L (4), turn ¼ R stepping R to R side (&), step L fwd into R diagonal reaching L arm fwd (5) 1:30
6 – 7 Turn upper-body L reaching R arm fwd (6), unwind 5/8 R on L sweeping R out to R side (7) 9:00

[24 – 32] Behind side cross into diamond ¼ L, RL prissy walks fwd, step ½ L X 2

8&1 Cross R behind L (8), step L to L side (&), turn 1/8 L stepping R fwd (1) 7:30
2&3 Cross L over R (2), step R to R side (&), turn 1/8 L crossing L behind R sweeping R to R side (3) 6:00
4& Cross R behind L (&), step L to L side (&) 6:00
5 – 6 Cross walk R fwd over L (5), Cross walk L fwd over R (6) 6:00
7&8& Step R fwd (7), turn ½ L onto L (&), step R fwd (8), turn ½ L onto L (&) 6:00

START AGAIN

Ending Wall 6 is your last wall. It starts facing 6:00. When doing count 5 in the 2nd section rather than doing a full turn turn ¾ L and step L out to L side.

You're now facing 12:00 again