

# Do Both

拍數: 56      牆數: 2      級數: High Beginner  
編舞者: Martha Ferrante (USA) - March 2024  
音樂: Do Both - Austin Brown



Tag: 16 Count Tag - 1 after wall 2 at 12:00

## SIDE ROCK, TRIPLE CROSS

1-2, 3&4      Side Rock R, Triple Cross (RF over LF)  
5-6, 7&8      Side Rock L, Triple Cross (LF over RF)

## LINDY

1&2      Step RF to R, Step LF next to RF, Step RF to R  
3-4      Rock LF behind RF, Recover forward onto RF  
5&6      Step LF to L, Step RF next to LF, Step LF to L  
7-8      Rock RF behind LF, Recover forward onto LF

## TRIPLE STEP, ¼ TURN L, TRIPLE STEP, ¼ TURN L

1&2      Triple Step forward (R,L,R 12:00)  
3&4      ¼ Turn L with a Triple Step forward (L,R,L 9:00)  
5&6      Triple Step forward (R,L,R 9:00),  
7&8      ¼ Turn L with a Triple Step forward (L,R,L 6:00)

## CHARLESTON, 2 STEPS, OUT, OUT, IN, IN

1-2-3-4      Step RF forward, kick LF forward, step LF back, touch RF back  
5-6      Step forward RF, Step forward LF  
7&8&      Step RF to side (7), Step LF to side (&), Step RF in (8), Step LF in (&)

## CHARLESTON (2x)

1      Step RF forward (place weight)  
2-3-4      Kick LF forward, step LF back, touch RF back  
5-6-7-8      Step RF forward, kick LF forward, step LF back, touch RF back

## BACK TRIPLE STEPS (4x)

1&2, 3&4      R,L,R, L,R,L  
5&6, 7&8      R,L,R, L,R,L

## STEP TOUCH (4x)

1-2, 3-4      Step R to side Touch L to R, Step L to side Touch R to L  
5-6, 7-8      Step R to side Touch L to R, Step L to side Touch R to L

## TAG- 16 Counts (music slows)

### ROCK, COASTER STEP (2x)

1-2, 3&4      R Rock Recover L, R Coaster Step  
5-6, 7&8      L Rock Recover R, L Coaster Step

## K STEP

1-2, 3-4      Step R fwd to R diagonal, touch L together, Step L back to L diagonal, touch R together  
5-6, 7-8      Step R back to R diagonal, step L next to R, Step L fwd to L diagonal, step R next to L

