

# A Lifetime Promise

**COPPER KNOB**  
STEPPERS

拍數: 32      牆數: 4      級數: Beginner  
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音樂: Solo - Myles Smith



Intro: 16 count intro

## [1-8] R RUMBA BOX FWD, HOLD, L RUMBA BOX FWD, SCUFF

1 - 2      Step RF to R side, step LF next to RF,  
3 - 4      Step fwd RF, hold (Instead of hold, you can tap/scuff LF)  
5 - 6      Step LF to L side, step RF next to LF,  
7 - 8      Step fwd LF, Scuff with RF

## [9-16] STEP, TAP, STEP, KICK, SLOW COASTER, TOUCH

1 - 2      Step RF forward, tap LF behind RF,  
3 - 4      Step back on LF, kick RF forward  
5 - 6      Step back RF, step LF next to RF,  
7 - 8      Step forward RF, Touch LF next to RF

## [17-24] ¼ MONTEREY L, JAZZ BOX

1 - 2      Point LF to L side, turn ¼ L on RF stepping LF next to RF,  
3 - 4      point RF to R side, Touch RF next to LF  
5 - 6      Cross RF over LF, Step LF back,  
7 - 8      Step RF to right side, Touch LF next to RF

## [25-32] ½ L, STEP, SCUFF, STEP, SCUFF, STEP, TOUCH

1 - 2      ¼ Turn left step LF forward, ¼ Turn left step RF forward,  
3 - 4      step forward LF, Scuff with RF  
5 - 6      step RF diagonally to R, scuff LF next to RF  
7 - 8      step LF diagonally to L, Touch RF next to LF

**AND START AGAIN**

**ENJOY!!**

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