# A Lifetime Promise



拍數: 32 牆數: 4 級數: Beginner

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音樂: Solo - Myles Smith



### Intro: 16 count intro

## [1-8] R RUMBA BOX FWD, HOLD, L RUMBA BOX FWD, SCUFF

1 - 2	Step RF to R side, step	LF next to RF.
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- 3 4 Step fwd RF, hold (Instead of hold, you can tap/scuff LF)
- 5 6 Step LF to L side, step RF next to LF,
- 7 8 Step fwd LF, Scuff with RF

## [9-16] STEP, TAP, STEP, KICK, SLOW COASTER, TOUCH

1 - 2	Step RF forward, tap LF behind RF,
3 - 4	Step back on LF, kick RF forward
5 - 6	Step back RF, step LF next to RF,
7 - 8	Step forward RF, Touch LF next to RF

### [17-24] 1/4 MONTEREY L, JAZZ BOX

1 - 2	Point LF to L side, turn ¼ L on RF stepping LF next to RF.

3 - 4 point RF to R side, Touch RF next to LF

5 - 6 Cross RF over LF, Step LF back,

7 - 8 Step RF to right side, Touch LF next to RF

### [25-32] ½ L, STEP, SCUFF, STEP, SCUFF, STEP, TOUCH

1	- 2	1/4 Turn left step LF forward 1/4 Turn left step RF forward
- 1	- /	A TUILLEU SIED LE TOLWALD. A TUILLIEU SIED DE TOLWALD

3 - 4 step forward LF, Scuff with RF

5 - 6 step RF diagonally to R, scuff LF next to RF

7 - 8 step LF diagonally to L, Touch RF next to LF

#### AND START AGAIN

## **ENJOY!!**