

拍數: 32 牆數: 2 級數: Beginner
 編舞者: Carolyn Greenhough (AUS) - April 2024
 音樂: When I'm Sixty-Four - The Beatles



Intro: 24 counts from start of music

[1-8] MAMBO FORWARD HOLD, MAMBO BACK HOLD

1,2 Step R Forward, Rock Back onto L,
 3,4 Step R Back, Hold
 5,6 Step L Back, Rock Forward onto R,
 7,8 Step L Forward, Hold (12:00)

[9-16] 'SHADOWS' JAZZ BOX

1,2 Cross R over L, Hold
 3,4 Step Back on L, Hold
 5,6 Step R to R, Hold
 7,8 Step L to R, Hold (12:00)

[17-24] VAUDEVILLE

1,2,3,4 Cross R over L, Step L to Side, Touch R Heel Diagonal, Step R to Side
 5,6,7,8 Cross L over R, Step R to Side, Touch L Heel Diagonal, Step L to Side (12:00)

[25-32] HEEL STRUT, 1/4 HEEL STRUT, HEEL STRUT, 1/4 HEEL STRUT

1,2 Step R Heel Forward, Drop R Toe,
 3,4 Turn 90° Left Step L Heel Forward, Drop L Toe,
 5,6 Step R Heel Forward, Drop R Toe,
 7,8 Turn 90° Left Step L Heel Forward, Drop L Toe. (6:00)

End of Wall 4 Tag - 2 Slow Hip Sways (12:00)

End of Wall 8 Tag – 2 Slow Hip Sways (12:00)

This dance is for my dancing friends who are turning 64 within months of myself – Marie, Bernie, Jennie, Julie, Kim and Shirley