

# Uptown Sway

拍數: 96      牆數: 1      級數:  
編舞者: La'Wana - April 2024  
音樂: Uptown Sway - La'Wana



Start after the 32 count instrumental

This dance has 3 sections, each section is 32 counts.

It is a one wall dance that is completed three times.

You will start the dance a 4th time with part 3 only (without the turns on the sways)

## PART 1

**Do the Jamie Fox (counts 1-16)**

1-4            Touch R foot forward, Touch R foot to the side, Shuffle in place RLR  
5-8            Touch L foot forward, Touch L foot to the side, Shuffle in place LRL  
9-16          Repeat 1-8  
17-20        Step R forward, pivot  $\frac{1}{4}$  L as you snap your fingers, Step R-L as you turn  $\frac{1}{4}$  L  
21-24        Repeat 17-20  
25-28        Stomp R to the side, Touch L beside R, Stomp L to the side, Touch R beside L  
29-32        Repeat 25-28

## PART 2

1-8            Body Roll to the R for 8 counts (alternative: hip sways)  
9-16          Body Roll to the L for 8 counts (alternative: hip sways)  
17-20        Kick R, Touch R beside L, Tap R beside L twice  
21-24        Step R, Pivot  $\frac{1}{8}$  to the L, Step R, Pivot  $\frac{1}{8}$  to the L  
24-32        Repeat 17-24

## PART 3

1-8            Shuffle forward RLR, LRL, Step Back RLRL  
9-12          Sway to the R—Step R to the side (sway body), hold on even count  
**Sway to the L—Transfer weight to the L (sway body), hold on even count**  
13-16        Repeat 9-12  
17-24        Shuffle forward RLR, LRL, Step Back RLRL  
25-28        Sway to the R—Step R to the side (sway body), hold on even count  
**Sway to the L—Transfer weight to the L as you turn  $\frac{1}{4}$  L, hold on even count**  
29-32        Sway to the R as you transfer weight to R foot, turning  $\frac{1}{4}$  to the L to  
**Face the front hold on even count (starting position),**  
**Sway to the L—Transfer weight to the L foot**

Repeat Part 1, 2 and 3 three times.

The song ends with a repeat of the chorus.

Complete Part 3 counts 1-16 twice (no turn on the second set of sways)

Enjoy

Submitted by: tanya curry Email: [hellotanyacurry@gmail.com](mailto:hellotanyacurry@gmail.com)