

Sepenuh Hati

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Easy Intermediate
編舞者: Hotma Tiarma Purba (INA) - April 2024
音樂: Sepenuh Hati - Rony Parulian & Andi Rianto



I. WALK R-L, MAMBO STEP, BEHIND, 1/8 R FORWARD, FORWARD, RECOVER, FORWARD

1-2 Step R forward, step L forward
3&4 Step R forward, recover on L, step R back while sweep L
5&6 Cross L behind R, 1/8 turn right step R forward, step L forward (1.30)
7&8 Recover on R, close L beside R, step R forward

II. 1/8 R PIVOT, HINGE TURN, WALK, 1/4 L PIVOT, CROSS, SIDE

1&2 Step L forward, 1/8 turn right step R in place, cross L over R (3.00)
3&4 1/4 Turn left step R back, 1/4 turn left step L to side, step R forward (9.00)
5-6& Step L forward, step R forward, 1/4 turn left step L in place (12.00)
7&8& Cross R over L, recover on L, step R to side, recover on L

#Restart here on wall 3 facing 6.00 & wall 7 facing 12.00

III. BACK, BEHIND, 1/8 R FORWARD, FORWARD, 1/2 L PIVOT, 1/2 R PIVOT, SPIRAL, FORWARD, CLOSE

1-2& Step R back while sweep L, cross L behind R, 1/8 turn right step R forward (7.30)
3-4& Step L forward, step R forward, 1/2 turn left step L in place (1.30)

#Restart here on wall 5 facing 12.00

5-6& Step R forward, step L forward, 1/2 turn right step R in place (7.30)
7-8& Cross L over R and 7/8 R spiral, step R forward, close L beside R (6.00)

#Restart here on wall 9 facing 12.00

IV. BASIC NC R-L, SIDE, 1/2 L WITH LIFT L, STEP, 1/2 L BACK, COASTER STEP

1-2& Long step R to side, step L slightly behind R, cross R over L
3-4& Long step L to side, step R slightly behind L, cross L over R
5-6& Step R to side while 1/2 turn left and lift L, step down L, 1/2 turn left step R back
7-8& Step L back, step R back, close L beside R

Enjoy the dance!

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