

Feelin' Electric

拍數: 32 牆數: 4 級數: Improver
編舞者: Marika Eriksen (SWE) - April 2024
音樂: Electric - Darin



Intro: 8 secs/16 counts

[1-8] Chasse, cross behind R + Chasse, cross behind L

1&2 Step RF to R, step LF next, to RF, step RF to R
3-4 Cross rock LF behind RF, recover on RF
5&6 Step LF to L, step RF next to LF, step LF to L
7-8 Cross rock RF behind LF, recover on LF

[9-16] Kick-ball-change, Step turn 1/2, Jazz box

1&2 Kick RF forward, step on Ball of RF next to LF, step LF in place
3-4 Step RF forward, recover on LF turning 1/2 to L, now facing 06:00
5-6 Cross RF over LF, Step LF back
7-8 Step RF to R, Cross LF over RF

[17-24] Lock step fwd, Step touch, Step turns bwd 1/1

1&2 Step RF fwd, lock LF behind RF, step RF fwd
3-4 Step LF fwd, Touch RF next to LF
5-6 Step RF bwd turning ¼ to R, Step LF fwd turning ½ to R
7-8 Step RF bwd turning 1/4, Step LF next to RF, facing 06:00 again

[25-32] Mambo R, Mambo L, Rock back, Rock fwd with ¼ turn

1&2 Step out to R on RF, Recover on LF, Step RF next to LF
3&4 Step out to L on LF, Recover on RF, Step LF next to RF
5-6 Rock back on RF, Recover on LF
7-8 Rock fwd on RF, Recover on LF with a ¼ turn to L, facing 03:00
(Option:
5-6 Rock back on RF with a 1/4 turn, facing 09:00, Recover on LF with a 1/4 turn, facing 06:00)

Restart after 16 counts of wall 2 and 6.

Remember to have fun!

Last Update: 21 Apr 2024