

Wasted Days

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Bev Vinge (AUS) - April 2024
音樂: Wasted Days and Wasted Nights - Scooter Lee



START: After 4 Beats on the word 'Nights'

PIVOT ½ TURN, SHUFFLE FORWARD, FORWARD, ROCK, COASTER STEP

1, 2 Step R forward, Pivot ½ turn Left,
3 & 4 Shuffle forward: R-L-R,
5, 6 Step L forward, Rock back on R,
7 & 8 Step L back, Step R together, Step L forward. (6:00)

DOROTHY STEP, DOROTHY STEP, & 'V' STEP

1, 2& Step R forward, Lock L behind R, Step R together,
3, 4& Step L forward, Lock R behind L, Step L together,
5, 6 Step R to Right diagonal, Step L to Left diagonal,
7, 8 Step R back to Centre, Step L together.

Easier Option: 1, 2& 3, 4&

1,2,3,4 Step R forward, Touch L together, Step L forward, Touch R together.

VINE RIGHT, TOUCH, VINE ¼ TURN, SCUFF

1,2,3,4 Step R to side, Step L behind R, Step R to side, Touch L together,
5,6,7,8 Step L to side, Step R behind L, Turn ¼ Left Step L forward, Scuff R. (3:00)

ROCKING CHAIR, BOX STEP

1,2,3,4 Step R forward, Rock back on L, Step R back, Rock forward on L,
5,6,7,8 Cross R over L, Step L back, Step R to side, Step L together. (3:00)

[32] REPEAT

ENDING: Box Step with ¼ turn Right (12:00)