

Stop Right Now

拍數: 64
編舞者: Mary Garner (UK) - March 2024
音樂: Stop - Spice Girls

級數: Easy Intermediate



#32 count intro when music starts

-2x step touches, vine to the right

1-2 Step right to right side, touch left beside right
3-4 Step left to left side, touch right beside left
5-6 Step right to right side, step left behind right
7-8 Step right to right side, touch left beside right

-2x step touches, vine to the left with ¼ turn left

1-2 Step left to left side, touch right beside left
3-4 Step right to right side, touch left beside right
5-6 Step left to left side, step right behind left
7-8 Step left ¼ turn to left, scuff right forward

Restart 2 with step change

-Rocking chair, Jazz box with a cross

1-2 Rock forward on right, recover on left
3-4 Rock back on right, recover on left
5-6 Step right across left, step back on left
7-8 Step right beside left, step left across right

-¼ turn Monterey to right, v-step

1-2 Touch right to right side, step right beside left, turning ¼ turn to right
3-4 Touch left to left side, step left beside right
5-6 Step right to right diagonal, step left to left diagonal
7-8 Step right back, step left beside right

Restart

-2x rolling Vines, right and left

1-2 Step right ¼ turn to right, step ½ turn to right, stepping back on left
3-4 Step right ¼ turn to right, touch left beside right
5-6 Step left ¼ turn to left, step ½ turn to left stepping back on right
7-8 Step left ¼ turn to left, touch right beside left

-Rocking chair, step ½ turn to left, step ¼ turn to left

1-2 Rock forward on right, recover on left
3-4 Rock back on right, recover on left
5-6 Step right forward, pivot ½ turn left
7-8 Step right forward, step left ¼ turn left

-Diagonal lock steps right and left with scuffs

1-2 Step right to right diagonal, lock left behind right
3-4 Step right to diagonal, scuff left forward
5-6 Step left to left diagonal, lock right behind left
7-8 Step left to diagonal, scuff right forward

-Cross rock, side rock, cross step ¼ turn to right with a cross

1-2 Cross right over left, recover on left

3-4 Rock right out to side, recover on left
5-6 Cross right over left, step back on left turning $\frac{1}{4}$ to right
7-8 Step right beside left, step left across right

-Restarts

Wall 2 after 32 counts, after the v-steps

Wall 6 after 16 counts, with step change

To keep this dance a 2 wall, there is a step change.

When doing the $\frac{1}{4}$ turn to left, make another $\frac{1}{4}$ turn to left, hitching the right foot, then restart on the back wall.
