

# Feeling Alive

COPPERKNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Barbara Wöhry (AUT) & Roy Verdonk (NL) - April 2024  
音樂: Celine Dion & The Whispers - I'm Alive X And The Beat Goes On (The JamminKid Mashup) by The Jammin Kid



**Intro: start after 32counts or after approximately 17s**

## **(1-8) Side, Behind, Ball, Cross Rock, Side-Touch x2**

1 – 2&      Step RF to the right (1), Step LF behind RF (2), Step RF ball to the right (&  
3 - 4      Cross LF over RF (3), Recover weight onto RF (4)  
5 – 6      Step LF to the left (5), Touch RF next to LF (6)  
7 – 8      Step RF to the right (7), Touch LF next to RF (8)

## **(9-16) Side, Hold, Ball, Side, Touch, Out – Out – In – In**

1 – 2&      Step LF to the left (1), Hold (2), Step RF ball next to LF (&  
3 – 4      Step LF to the left (3), Touch RF next to LF (4)  
5 - 6      Step RF to the right diagonal (5), Step LF to the left diagonal (6)  
7 - 8      Step RF back to center (7), Step LF back to center (8)

## **(17-24) Walk x3, Kick, Back x3, Touch**

1 – 2      Step RF forward (1), Step LF forward (2)  
3 – 4      Step RF forward (3), Kick LF forward (4)  
5 – 6      Step LF back (5), Step RF back (6)  
7 – 8      Step LF back (7), Touch RF next to LF (8)

## **(25-32) Hip x4, Walk ¼ – Walk ¼ – Shuffle ¼**

1&2&      Step RF to the right and push hip to the right (1), Hip back to center (&), Push hip to the right (2), Hip back to center (&)  
3 & 4      Push hip to the right (3), Hip back to center (&), Push hip to the right (4)  
5 – 6      Turn ¼ left and Step LF forward (5) (9:00), Turn ¼ left and Step RF forward (6) (6:00)  
7 & 8      Turn 1/4 left and Step LF forward (7), Step RF next to LF (&), Step LF forward (8) (3:00)

**Have fun and enjoy the dance ☐**

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