

# Down On My Knees

**COPPER** KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Philip Yong (SG) - April 2024  
音樂: Down On My Knees - Freddie Spires



## Sec 1: R-L Back, R Back Shuffle, L Back Rock & Recover, L Forward Shuffle

- 1-2      Step back on RF and LF (1-2)
- 3&4      Step RF back (3), close LF next to RF (&), step RF back (4)
- 5-6      Rock LF back (5), recover weight on RF (6)
- 7&8      Step LF forward (7), close RF next to LF (&), step LF forward (8)

## Sec 2: R Side Together, R Side Chasse, L Cross Weave

- 1-2      Step RF to R side (1), close LF beside RF (2)
- 3&4      Step RF to R side (3), close LF next to RF (&), step RF to R side (4)
- 5-6      Cross LF over RF (5), step RF to R side (6)
- 7&8      Cross LF behind RF (7), step RF to R side (&), cross LF over RF (8)

## Sec 3: R Side Rock & Recover, R Cross Shuffle, L Side Together, L Forward Shuffle

- 1-2      Rock RF to R side (1), recover weight on LF (2)
- 3&4      Cross RF over LF (3), step LF to L side (&), cross RF over LF (4)
- 5-6      Step LF to L side (5), close RF beside LF (6)
- 7&8      Step LF forward (7), close RF next to LF (&), step LF forward (8)

## Sec 4: R Forward Rock & Recover, R Side Chasse ¼ R, L Forward Rock & Recover, L Back Shuffle

- 1-2      Rock RF forward (1), recover weight on LF (2)
- 3&4      Turn ¼ R stepping RF to R side (3), close LF beside RF (&), step RF to R side (4)
- 5-6      Rock LF forward (5), recover weight on RF (6)
- 7&8      Step LF back (7), close RF next to LF (&), step LF back (8)

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