

Sexbomb

拍數: 64 牆數: 1 級數: Intermediate
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音樂: Sex Bomb - Tom Jones & Mousse T.



Intro 32 counts

SEC1: Step, Together, Side rock touch, Rock recover, Slip close chasse

1-2 Step LF forward (1), Step RF next to LF (2)
3&4 Rock left on ball of LF with hips (3), Recover onto RF (&), Touch LF next to RF (4)
5-6 Rock LF forward (5), Recover (6)
7&8 Step back on ball of LF (7), weight remains on both feet, Drag RF shortly back (&), Step LF forward (8)

SEC2: Step point, Step point, Back lock step, Kick ball change

1-2 Cross RF over LF turning body 1/8 right (1), Point LF to the left with pushing hips left and claping LF with your hand (2) 01:30
3-4 Cross LF over RF turning body 1/4 left (3), Point RF to the right with pushing hips right and claping RF with your hand (4) 10:30
5&6 Step RF back (5), Lock LF in front of RF (&), Step RF back (6) 12:00
7&8 Kick LF forward (7), Step ball of LF next to RF (&), Step RF next to LF (8) turning body slightly right

SEC3: Ronde chasse, Hip twist chasse, Cross rock, Point back

1-2 Cross LF over RF (1), Recover on RF sweeping LF round to left (2),
3&4 Cross LF behind RF (3), Step RF next to LF (&), Step LF to left diagonal (4)
5&6 Step RF to left diagonal (5) 10:30, Step LF next to RF turning 1/8 right (&)
12 00, Step RF side (6)
7&8 Cross LF over RF (7) (styling: right arm to the side), Recover on RF (&), Point LF to back-left diagonal (8) (styling: left arm on your hip)

SEC4: Hip bumps 3x, Hip bump with Look, Turn, Step lock step, Side rock together

1&2&3 Bump hips to back-left diagonal (1), Recover (&), Bump hips to back-left diagonal (2), Recover (&), Bump hips to back-left diagonal (3)
4 Turn 3/8 left on RF (4), (weight remains on RF, LF points forward now) 7:30
5&6 Step LF forward (5), Lock RF behind LF (&), Step LF forward (6)
7&8 Rock right on ball of RF with hips and turning 1/8 left (7) (styling: right arm to the side), Recover on LF (&), Step RF next to LF 6:00

SEC5: Side, Back rock, Step lock step, ½ Pivot turn, ¼ Paddle turn left 2x

1-2-3 Step LF to left side (1), Rock RF back behind LF (2), Recover on LF (3)
4&5 Step RF forward (4), Lock LF behind RF (&), Step RF forward (5)
6 Turn ½ left on LF (6) 12:00,
7-8 Turn ¼ left on LF pointing RF to right side (7) 9:00, Turn ¼ left on LF pointing RF to right side (8) 6:00 (styling: on count 7 and 8 both arms up)

SEC6: Cross rock, Side, Weight 2x

1-2 Cross rock RF over LF (1), Recover on LF (2),
3-4 Step RF to right without weight (3), Put weight on RF (4)
5-6 Cross rock LF over RF (5), Recover on RF (6),
7-8 Step LF to left without weight (7), Put weight on LF (8)

Restart here on wall 2 with modified counts 7-8

SEC7: Cross, Unwind ½ turn, Heels up, Jump back, Diagonal lock step 2x

- 1-2 Cross RF over LF (1), Unwind turn ½ left (2) 12:00
3-4 Bend your knees and rise your heels as standing on the balls of both feet (3), Jump slightly back with both feet together (4) (styling: put hands on buttock)
5&6 Step LF to left diagonal (5), Lock RF behind LF (&), Step LF to left diagonal (6)
7&8 Step RF to right diagonal (7), Lock LF behind RF (&), Step RF to right diagonal (8)

SEC8: Touch, Together 2x, ChaCha Basic in place

- 1-4 Touch LF to left diagonal (1), Step LF together (2), Touch RF to right diagonal (3), Touch RF next to LF (4) (styling: with touches turn also your body slightly and raise arms from the elbow)
5-6 Step on RF bending left knee inside (5), Step on LF bending right knee inside (6)
7&8 Repeat it more quickly RF-LF-RF

Tag & Restart. After 46 counts of wall 2 facing 6:00 (in sec 6 after 6 count) there is a modification on counts 7-8: cross LF behind RF (7), unwind turn ½ left, after turn weight remains on RF. Then start again from the beginning.

ENDING. During the wall 7 after 22 counts step LF forward and finish dancing with both arms opened downside.
