

Powerful Women Never Give Up

COPPER KNOB
BY STEPHANIE

拍數: 32 牆數: 4 級數: Beginner +
編舞者: Theresa Hinkley (USA) - April 2024
音樂: Powerful Women - Pitbull & Dolly Parton



#16 ct in

WALK, WALK, KICK & POINT, WALK, WALK, KICK& POINT

1,2-3&4 Walk R, L, kick R and point L to side
5,6-7&8 Walk L, R, kick L and point R to side

POINT, POINT, POINT-PUSH, FLICK TO 1/4 LEFT, TRIPLE FWD, ROCK RECOVER 9:00

1-4 Point R fwd, point to R side, point R fwd, push R/turn to 1/4 L flick 9:00
5&6, 7,8 Triple fwd, RLR, rock fwd on L, recover on R

TRIPLE 1/2 LEFT, TRIPLE 1/4 LEFT, SAILOR LEFT, SAILOR RIGHT 12:00

1&2, 3&4 Triple 1/2 L, LRL, triple 1/4 L, RLR (now facing 12:00)
5&6, 7&8 Step L behind R, recover on R, step on L, step R behind L, recover on L step on R

LEFT CROSSING TRIPLE, ROCK RECOVER, RIGHT CROSSING TRIPLE 1/4 LEFT, TOUCH 9:00

1&2, 3-4 Crossing triple LRL, rock R to R, recover on L
5&6, 7-8 Crossing triple RLR, step 1/4 L, touch R 9:00

Choreographed by Theresa Hinkley, submitted by Pat Newell April 2024

DANCE FOR THE HEALTH OF IT
