

Roll Ride Slide

COPPERKNOB
BY SHEETS

拍數: 64 牆數: 2 級數: Phrased Easy Intermediate
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音樂: Let It Roll (From The Garfield Movie) - Keith Urban & Snoop Dogg : (The Garfield
Movie)



Sequence: AB AAB AABB

Intro: 16 Counts, Start at approx 9 secs

PART A 32 counts

SEC 1 WALK FORWARD, OUT OUT AND CROSS, UNWIND ½ TURN R BOUCE 2X, BOUNCE ANCHOR

1-2 Walk forward R,L
&3&4 RF step R, LF step L, RF step in, LF cross over RF
5-6 Unwind ½ turn R bouncing heels 2x weight LF (6:00)
7&8 RF step back, LF step in-front of RF, RF step in place

SEC 2 BALL WALK FORWARD, BALL CROSS, 1/2 TURN L, COASTER STEP, WALK FORWARD

&1-2 LF Step next to RF, RF step forward, LF step forward
&3-4 1/4 turn left RF step right, LF cross over RF, 1/4 left RF step Back (6:00)
5&6 LF step back, RF step next to LF, LF step forward
7-8 Walk forward R,L

SEC 3 SWITCH R&L, HEEL & HEEL, BODY ROLL FORWARD, BALL MAMBO SWIVEL

1&2& RF point right, RF step next to LF, LF point left, LF step next to RF
3&4& Touch R heel forward, RF step next to LF, Touch L heel forward, LF step next to RF
5-6& RF step forward big step forward, Follow through upper body roll, LF step next to RF
7&8 RF rock forward, LF recover, RF step back L toe swivel left

SEC 4 SWIVEL BACK R/L, COASTER STEP, STEP ½ TURN L 2X

1-2 LF step back R toe swivel right, RF step back L toe swivel left
3&4 LF step back, RF step next to LF, LF step forward
5-6 Step right forward, pivot ½ left transferring weight on to left (6:00)
7-8 Step right forward, pivot ½ left transferring weight on to left (12:00)

PART B 32 counts

SEC 1 TRIPLE BOUNCE FORWARD & BACK, R&L PONY STEPS BACK

1&2 RF bounce step forward, Recover LF, RF bounce step forward
3&4 LF bounce step back, Recover RF, LF bounce step back
*1-4 Arms: Roll arms forward leaning forward, Roll arms back leaning back
5&6 RF step back hitching L knee, LF recover, RF step back hitching L knee
7&8 LF step back hitching R knee, RF recover, LF step back hitching R knee
5-8 Arms: Palms to sides pumping up and up

SEC 2 FULL TURN WALK AROUND, SLIDE R, HOLD, ROCK BACK, RECOVER

1-4 Walk full turn L RLRL
5-6 RF step big step right, Hold
7-8 LF rock back, Recover RF

SEC 3 ¼ TURN L FORWARD TOUCH, BACK TOUCH, FORWARD, ¼ TURN L, TOUCH, SIDE PREP

1-4 ¼ L LF step forward, RF touch next to LF, RF step back, LF touch in front RF
1-4 Arms: R fist come forward, R fist back rolling twice from the elbow
5-6 LF step forward, ¼ turn L and RF touch next LF (6:00)

7-8 RF step right and prep upper body right, LF point left

SEC 4 ROLLING VINE FULL TURN L, BRUSH, JAZZ BOX FORWARD

1-2 ¼ turn left LR step forward, ½ turn L RF step back

3-4 ¼ turn L LF step left, RF brush forward (6:00)

5-8 RF cross over LF, LF step back, RF step right, LF step forward
