

Giving It All

拍數: 32 牆數: 4 級數: Intermediate WCS
編舞者: Malene Jakobsen (DK) & Adam Åstmar (SWE) - April 2024
音樂: Halfway There - Victor Ray : (iTunes)



Intro: 16 counts from start of track, approx. 11 seconds.

Sect – 1: Low Kick-Step, Kick-Step. Anchor Step with Sweep. Behind-Side. Cross Shuffle. $\frac{3}{4}$ Unwind R.

- 1 & 2 & Low kick RF forward (1). Ball step RF slightly forward (&). Low kick LF forward (2). Step forward on LF (&).
3 & 4 Lock RF behind LF (3). Step in place on LF (&). Step back on RF sweep LF from front to back (4).
5 & 6 & Step LF behind RF (5). Step to R on RF (&). Cross LF over RF (6). Step to R on RF (&).
7 – 8 Cross LF over RF (7). Unwind $\frac{3}{4}$ R place weight on RF (8). [9:00]

Sect – 2: $\frac{1}{4}$ Side with Sweep. Behind-Side-Cross. Side. $\frac{1}{2}$ Box Turn. $\frac{1}{4}$ Chasse R.

- 1 – 2 & Turn $\frac{1}{4}$ R step to L on LF sweep RF from side to back (1). Step RF behind LF (2). [12:00]
Step to L on LF (&).
3 – 4 Cross RF over LF (3). Step to L on LF (4).
5 & 6 & Turn $\frac{1}{4}$ R step to R on RF (5). Touch LF next to RF (&). Turn $\frac{1}{4}$ R step to L on LF (6). [6:00]
Touch RF next to LF (&).
7 & 8 Turn $\frac{1}{4}$ R step to R on RF (7). Close LF next to RF (&). Step to R on RF (8). [9:00]

Sect – 3: Cross. Side Rock. Weave L. Side-Touch-Side with Toe Fan Out. Sailor $\frac{1}{4}$ R.

- 1 – 2 & Cross LF over RF (1). Rock to R on RF (2). Recover on LF (&).
3 & 4 Cross RF over LF (3). Step to L on LF (&). Step RF behind LF (4).
5 & 6 Step to L on LF (5). Touch RF next to LF (&). Step to R on RF fan L toe out to L (6).
7 & 8 Step LF behind RF (7). Turn $\frac{1}{4}$ R step in place on RF (&). [12:00] Step to L on LF sweep RF from side to back (8).

Sect – 4: Sailor Step. Behind. Chasse $\frac{1}{4}$ R. Chasse $\frac{1}{2}$ Turn R. Cool Walk Fwd R, L.

- 1 & 2 & Step RF behind LF (1). Step in place on LF (&). Step to R on RF (2). Step LF behind RF (&).
3 & 4 Step to R on RF (3). Close LF next to RF (&). Turn $\frac{1}{4}$ R step forward on RF (4). [3:00]
5 & 6 Step forward on LF (5). Turn $\frac{1}{2}$ R place weight on RF (&). Step forward on LF (6). [9:00]
7 – 8 While being a bit bouncy in knees and upper body: Walk forward on RF (7), LF (8). (Make it cool!) ;-)

Have fun!