

New Tricks

拍數: 32 牆數: 2 級數: Improver
編舞者: Lorna Cairns (SCO) - April 2024
音樂: Ball and Chain - Connie Britton & Will Chase



#16 count Intro

Restart wall 4

Tag & Restart wall 9

SEC1) Walk, Walk & Out Step, Rock Recover, Shuffle 1/2 turn left

1-2 Walk forward Right, Left

&3-4 Rock Right out to side, Recover onto Left, Step forward on Right

**** Tag and Restart here wall 9****

5-6 Forward rock on Left, Recover onto Right

7&8 1/2 turn left stepping Left, Right, Left [6.00]

SEC2) Forward Rock, Shuffle Back, Back Rock, Shuffle Forward

1-2 Forward rock on Right, Recover onto Left

3&4 Step back on Right, Step Left next to Right, Step back on Right

5-6 Back rock on Left, Recover onto Right

7&8 Step Left forward, Step Right next to Left, Step Left forward [6.00]

**** Restart here wall 4****

SEC3) Step 1/4, Cross Point, Back Point, Sailor 1/4

1-2 Step forward on Right, Pivot 1/4 turn left [9.00]

3-4 Cross Right over Left, Point Left to left

5-6 Step back on Left, Point Right to right

7&8 Step back on Right, 1/4 right stepping Left to left, Step Right forward [6.00]

SEC4) Rock, Recover, Coaster Step, Kick Ball Change, Kick Ball Change

1-2 Rock Left forward, recover onto Right

3&4 Step back on Left, Step Right next to Left, Step forward on Left

5&6 Kick Right forward, step on Right, Step Left forward slightly

7&8 Kick Right forward, Step on Right, Step Left forward slightly

Tag: 1-4 Bounce heels x 4 turning 1/2 turn left
