

# Champagne Cowgirl

**COPPER** KNOB  
STEPPERS

拍數: 32      牆數: 2      級數: Beginner / Improver  
編舞者: Tommy G. Parker (USA) & Colleen Grant (USA) - February 2024  
音樂: Champagne - Zymba



#16 count intro (dance begins on lyrics, approx. 8 secs. into track).

NO TAGS

RESTART — 5th Wall after 16 counts

**[1 – 8] RF ROCK/STOMP (LEFT DIAGONAL/CHEST OUT/SIPPING “CHAMPAGNE), LF RECOVER. RF SHUFFLE RT WITH ½ TURN (CW). LF STEP FORWARD INTO A BODY ROLL, THEN WEIGHT ON RF. LF COASTER STEP.**

- 1, 2      RF step at L diagonal, push chest out like “superman,” right hand raised pretending to sip champagne. [1]. Rock back on LF [2] — 12:00
- 3 & 4      Shuffle R with ½ Turn (CW) [3 & 4] — 6:00
- 5, 6      LF step forward [5] with a Body Roll, weight on RF [6] (easier option: LF rock forward/RF recover) — 6:00.
- 7 & 8      LF step back [7], RF step next to LF [&] LF step forward [8] (aka: Coaster Step) — 6:00.

**[9 – 16] RF STOMP, HIP SHAKE (or hold), LF BEHIND, RF SIDE, FEET TOGETHER. RF STOMP AGAIN, HIP SHAKE (hold), LF BEHIND, RF SIDE, FEET TOGETHER.**

- 1, 2      RF stomp to the right [1], Hold (or shake hips) [2] — 6:00.
- 3 & 4      LF step behind RF [3], RF step next to LF [&], LF step next to RF [4] — 6:00.
- 5, 6      RF stomp to the right [5], Hold (or shake hips) [6] — 6:00.
- 7 & 8      LF step behind RF [7], RF step next to LF [&], LF step next to RF [8] — 6:00.

**[17 –24] RF THREE PADDLE STEP ½ TURN (CCW), RF STOMP. LF THREE PADDLE STEP ½ TURN (CW), LF STOMP.**

- 1, 2, 3      RF step three times pivoting ½ turn (ccw) around LF [1, 2, 3] — 6:00.
- 4      Stomp RF [4] — 6:00.
- 5, 6, 7      ]LF step three times pivoting ½ turn (cw) around RF [5, 6, 7] — 6:00.
- 8      Stomp LF [8] — 6:00.

**[25 – 32] LF CROSS AND HEEL, RF CROSS AND HEEL, HIP SWAY (RIGHT-LEFT, RIGHT-LEFT)**

- 1 & 2 &      LF cross over RF [1], RF hop beside LF [&], LF heel forward [2], LF step next to RF [&]— 6:00
- 3 & 4 &      RF cross over LF [3], LF hop beside RF [&], RF heel forward [4], RF step next to LF [&]— 6:00
- 5, 6      Sway hips to right [5]. Sway hips to left [6] — 6:00
- 7, 8      Sway hips to right [7]. Sway hips to left [8] — 6:00