

Limbo Rock

COPPERKNOB
BYEPOSTETS

拍數: 32 牆數: 4 級數: Beginner
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音樂: : Limbo Rock (ReDrum Reggae) DjRomar Remix)



Intro : 32 Counts
No Tag ! / No Restart !

Sec1 :R Side Rock , Recover On L , Close R Next To L , In Place L & R , L Side Rock , Recover On R , Close L Next To R , In Place R & L

12 R Side Rock , Recover On L
3&4 Close R Next To L , In Place L , In Place R
56 L Side Rock , Recover On R
7&8 Close L Next To R , In Place R , In Place L

Sec2 : Rock R Fwd , Recover On L , R Side Chasse , Rock L Back , Recover On R , 1/4 L Turn L Side Chasse

12 Rock R Fwd , Recover On L
3&4 R Side , Close L Next To R , R Side
56 Rock L Back , Recover On R
7&8 L Side , Close R Next To L , 1/4 L Turn Step L Fwd

Sec3 :Cross R Rock , Recover On L , Side R Rock , Recover On L ,Cross R Rock , Recover On L , R Side , Touch Cross L Over R , L Side , Touch Cross R Over L , R Side , Twist Both Heels To R , Twist Both Heels To L

1&2& Cross R Rock , Recover On L , Side R Rock , Recover On L
3&4 Cross R Rock , Recover On L , R Side
5&6& Touch Cross L Over R , L Side , Touch Cross R Over L , R Side
78 Twist Both Heels To R , Twist Both Heels To L

Sec4 : R To L Diagonal Fwd Shuffle , L To R Diagonal Fwd Shuffle . Step R Fwd , Pivot 1/2 L Turn On L , Prissy Walk R L

1&2 R To L Diagonal Fwd , Lock L Behind R , R To L Diagonal Fwd
3&4 L To R Diagonal Fwd , Lock R Behind L , L To R Diagonal Fwd
56 Step R Fwd , Pivot 1/2 L Turn On L
78 Cross R Over L , Cross L Over R

Happy Dancing !!