As The World Turns



拍數: 64 牆數: 2 級數: Phrased Easy Advanced

編舞者: Charles Alexander (SWE) - April 2024 音樂: Dreaming - Marshmello, P!nk & Sting



Intro: 16 counts, approx. 7 sec - 125 bpm

Sequence: A, A, A, A, B, A, A, B, A, B

PART A

[1 – 8] KICK-BALL-POINT R-L, CROSS ROCK & CROSS, ¼ BACK 1&2 Kick R forward. Step R beside L. Point L to side.

3&4 Kick L forward. Step L beside R. Point R to side.
5-6& Rock R over L. Recover onto L. Step R to side.
7-8 Cross L over R. ¼ turn left step R back. [9:00]

[9 - 16] BACK, TOUCH, BACK, TOUCH, BACK, DRAG & WALK L-R

1-4 Step L back. Touch R forward. Step R back. Touch L forward.

Styling: Dip down slightly during the touches. "As the sun goes down"

5-6 Big step L back. Drag R towards L.

&7-8 Step R beside L. Step L forward. Step R forward.

[17 - 24] 1/4 SIDE, BACK w/ SWEEP, BEHIND-SIDE-CROSS, DOROTHY R-L

1-2 ½ turn right step L to side. Step R back sweeping L from front to back. [12:00]

3&4 Step L behind R. Step R to side. Cross L over R.

5-6& Step R diagonally forward. Lock L behind R. Step R diagonally forward. 7-8& Step L diagonally forward. Lock R behind L. Step L diagonally forward.

[25 – 32] STEP, ½ TURN, STEP, ½ TURN, FULL TURN, STEP, ½ TURN

Step R forward. ½ turn left taking weight on L.
Step R forward. ½ turn left taking weight on L.
½ turn left step R back. ½ turn left step L forward.
Step R forward. ½ turn left taking weight on L. [6:00]

PART B

[1 – 8] OUT-OUT, HOLD, TOE-HEEL-HITCH, SIDE, HOLD, TOES-HEELS-TOES

&1-2 Step R to side (toe out). Step L to side. Hold.3&4 Swivel R toes in. Swivel R heel in. Hitch R.

5-6 Step R to side (toes out). Hold.

7&8 Swivel both toes in. Swivel both heels in. Swivel both toes in, weight ends on L.

[9 - 16] STEP, CLAP, SWOOSH & CHOP 1/4 TURN, CROSS ROCK & CROSS & CROSS

1-2 Step R forward. Clap hands forward, R hand over L, arms straight.

3&4 With straight arms rotate ¼ turn left and move arms left (3). Make a clockwise circle in front

of body shifting to left hand on top (&). Keep move arms to L (4). (Weight ends on L) [9:00]

Note: Hands connected during 3&4

Rock R over L. Recover onto L. Step R to side.Cross L over R. Step R to side. Cross L over R.

[17 - 24] TAP-TAP, HOLD, TWIST & FLICK, CROSS, HOLD, UNWIND 3/4 TURN w/ SHOULDER POPS

&1-2 Tap R toes beside L. Press R toes to side. Hold.

3&4	On ball of R twist heel out. Twist heel in and take weight on R. Flick L back and out.
5-6	Cross L over R, knees bent slightly. Hold.
7&8	Unwind $\frac{3}{4}$ turn right popping shoulders R up/L down, L up/R down, R up/L down. (Weight ends on L) [6:00]
[25	– 32] SIDE ROCK, BEHIND-SIDE-CROSS, SIDE ROCK, BEHIND-SIDE-CROSS
[25 1-2	 - 32] SIDE ROCK, BEHIND-SIDE-CROSS, SIDE ROCK, BEHIND-SIDE-CROSS Rock R to side. Recover onto L.
-	Rock R to side. Recover onto L.

Step L behind R. Step R to side. Cross L over R.

7&8