

Raining on Me

拍數: 32 牆數: 4 級數: Beginner
編舞者: Kerry Maus (USA) - April 2024
音樂: Rain On Me - Lady Gaga & Ariana Grande : (iTunes & Amazon)



Intro: ~2 cts start on the lyric; "I" (...didn't ask for a free ride)

[1-8] DIAGONAL STEP TOUCHES (x4) WITH CLAPS

1 2 1) Step R diagonal forward, 2) touch L next to R, clap
3 4 3) Step L diagonal forward, 4) touch R next to L, clap
5 6 5) Step R diagonal forward, 6) touch L next to R, clap
7 8 7) Step L diagonal forward, 8) touch R next to L, clap

[9-16] BACKWARD DIAGONAL STEP TOGETHER, HIP BUMPS (x2)

1 2 1) Step R diagonal back, 2) touch L next to R
3 4 3) Bump hips left, 4) bump hips right, weight to R
5 6 5) Step L diagonal back, 6) touch R next to L
7 8 7) Bump hips right, 8) bump hips left, weight to L

(styling notes: on the hip bumps bring your hands up, palms facing you, move them in a downward motion, wiggling fingers like rain falling just to the sides of your face)

[17-24] CHASSE, BACK ROCK, RECOVER, L HEEL GRID ¼ TURN LEFT, BACK ROCK, RECOVER

1&2 1) Step R to right, &) step L beside R, 2) step R to right
3 4 3) Rock back on L, 4) recover forward to R
5 6 7 8 5) Rock forward on L heel and turn ¼ left, 6) recover on R, 7) rock L back, 8) recover forward to R

[25-32] CHASSE, BACK ROCK, RECOVER, SIDE, HOLD, BALL SIDE, HOLD, BALL

1&2 3 4 1) Step L to left, &) step R beside L, 2) step L to left 3) rock back on R, 4) recover forward to L
5 6&7 8& 5) Step R to right, 6) hold, &) step L beside R, 7) step R to right, 8) hold, &) step L beside R

Have fun and DANCE HAPPY! ☐ Contact: Kerrymausdance@gmail.com