

For a 1000 Years Rumba

COPPER KNOB
BYEONHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Mi Jeong Kim (KOR) - April 2024
音樂: 1000 Years - Kang Eun Soo (강은수) : (영화 '댄서의 순정' OST)



Intro: 16 Counts. Start at approx 12 secs.

* 1 Tag, 2 Restarts

S1) Rumba Box

12 Step R Side, Step L Together
34 Step R Back, Hold
56 Step L Side, Step R Together
78 Step L Forward, Hold

S2) Pivot 1/2 L, Back Rock, Recover, Pivot 1/2 R, Back Rock, Recover

12 Step R Forward, Pivot 1/2 L Weight on the RF
34 Step L Back, Step R in Place
56 Step L Forward, Pivot 1/2 R Weight on the LF
78 Step R Back, Step L in Place

S3) Side, Behind, Sweep, Behind, 1/4 L Forward, Forward, Sweep

12 Step R Side, Step L Behind
34 Slow Sweep R to Back for Two Counts
56 Cross R Behind L, Step L 1/4 L Forward
78 Step R Forward, Sweep L to Forward

S4) Cross, Point, Hold, Together, Point, Hold, Together, Rocking Chair

&12& Step L Cross, Step R Side Point, Hold, Step R Together
34& Step L Side Point, Hold, Step L Together
56 Step R Forward, Step L in Place
78 Step R Back, Step L in Place

*Restart: After 16 Counts On Wall 3, 5 (6:00, 12:00)

*Tag: After Wall 5 (9:00)

1234 Sway RLRL