

# Long Island Slide

COPPER KNOB  
BY STEPHEN

拍數: 32      牆數: 2      級數: Beginner  
編舞者: John Robinson (USA) - 20 November 2015  
音樂: Good Gets Here - Toby Keith : (CD: 35 mph Town - iTunes & Amazon)



**SEQUENCE: Begin on vocals, after 32 count intro. One restart halfway through 4th repetition.**

## **R HEEL FWD, TOUCH HOME, TOUCH OUT, TOUCH IN, SLIDE RIGHT, L TOUCH**

1,2      Heel, home Tap R heel forward (1), Tap R beside L (2)  
3,4      Out, in Tap R toe side right (3), Tap R beside L (4)  
5,6      Side, slide Step R side right (5), Slide L beside R (taking weight) (6)  
7,8      Side, touch Step R side right (7), Slide L beside R (weight stays R) (8)

## **L HEEL FWD, TOUCH HOME, TOUCH OUT, TOUCH IN, SLIDE LEFT, R TOUCH**

1,2      Heel, home Tap L heel forward (1), Tap L beside R (2)  
3,4      Out, in Tap L toe side right (3), Tap L beside R (4)  
5,6      Side, slide Step L side left (5), Slide R beside L (taking weight) (6)  
7,8      Side, touch Step L side right (7), Slide R beside L (weight stays L) (8)

**\*Restart here during 4th repetition. You'll be facing 6:00 when this happens.**

## **R HEEL GRIND TURNING 1/4 RIGHT, R ROCK BACK, RECOVER, R HEEL GRIND TURNING 1/4 RIGHT, R ROCK BACK, RECOVER**

1,2      Heel grind Dig R heel forward turning toe left (1), Grind R heel turning toe and body 1/4 right (3:00) (weight stays L) (2)  
3,4      Back rock Rock ball of R back (3), Recover L (4)  
5,6      Heel grind Dig R heel forward turning toe left (5), Grind R heel turning toe and body 1/4 right (6:00) (weight stays L) (6)  
7,8      Back rock Rock ball of R back (7), Recover L (8)

## **DIAGONAL STEP TOUCHES WITH CLAPS, STOMP BACK R-L, HIP THRUST FORWARD X2**

1,2      Forward, touch Step R forward diagonally right (1), Tap L beside R/clap (2)  
3,4      Forward, touch Step L forward diagonally left (3), Tap R beside L/clap (4)  
5,6      Back, back Stomp R back (5), Stomp L beside R (6)  
7,8      Hip thrust Move hips back then thrust pelvis forward (7), move hips back then thrust pelvis forward (8)

**For styling, make fists just below chin height and pull them down slightly toward chest twice while thrusting**

**START AGAIN AND ENJOY!**

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