

Don't Wanna Sleep

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Hiroko Carlsson (AUS) - April 2024
音樂: DON'T WANNA SLEEP - Måneskin : (Spotify/YouTube Music/Deezer)



Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)
(Dance start immediately)

[S1] Heel-&-Heel-&-Tap-&-Heel-&-Heel-&-Tap-&-Kick-Ball-Fwd

1&2& Touch R heel forward, Step R together, Touch L heel forward, Step L together
3&4& Touch R toe behind L, Step R beside L, Touch L heel forward, Step L together
5&6& Touch R heel forward, Step R together, Touch L toe behind R, Step L beside R
7&8 Kick R forward, Ball step R in place, Step forward on L

[S2] Side, Together, Shuffle Fwd, Step-Pivot 1/2R-Fwd, Big Step Fwd w/ Body Roll, Together

1 2 Step R to the side, Step L next to R
3&4 Shuffle forward on R-L-R
5 6& Step forward on L, Make a ½ turn right recover weight on R (6:00), Step forward on L
7 8 Step forward on R starting body roll, Step L next to R

-Restart here on Wall 10:00

[S3] Cross, 1/4R, Side, Cross Rock-Side, Cross Rock-Side, Cross-1/4L-Side

1 2 3 Cross R over L, Make a ¼ turn right stepping back on L (9:00), Step R to the side
4&5 Touch/rock L toe over R, Replace weight on R, Step L to the side
6&7 Touch/rock R toe over L, Replace weight on L, Step R to the side
8&1 Cross L over R, Make a ¼ turn left stepping back on R (6:00), Step L beside R

[S4] Step-Pivot 1/2L, Fwd-1/4R, Sailor Step-&-Side, Tap-&-

2 3 Step forward on R, Make a ½ turn left recover weight on L (12:00)
4& Step forward on R, Make a ¼ turn right stepping L to the side (3:00)
5&6& Step R behind L, Step L to the side, Step R to the side, Step L next to R
7 8& Step R to the side, Touch L toe next to R, Step L together - starting heel switches

Restart on Wall 10 (start facing 3:00) count 16 (9:00)

Ending suggestion: The last wall ends facing 12:00. Touch R heel forward and hold.

(updated: 10/Apr/24)