

9 to 5

拍數: 32 牆數: 2 級數: Beginner
編舞者: Marcel Masse (CAN) - April 2018
音樂: 9 To 5 (Love to Infinity Radio Mix) - Dolly Parton



Written by Daniel Dupré

[1-8] LINDY RIGHT- LINDY LEFT (side shuffle rock step)

1&2 Step R to R side, Bring L beside R, Step R to R side
3-4 Step L behind R (Body is diagonal), Step R forward
5&6 Step L to L side, Bring R beside L, Step L to L side
7-8 Step R behind L (Body is diagonal), Step L forward (12h)

[9-16] R ROCKING CHAIR, R PIVOT, R STEP, TOGETHER

1-2 Step R forward, Bring weight back on L
3-4 Step R back, Bring weight back on L
5-6 Step R forward, Turn ½ turn L with weight on L
7-8 Step R forward, Bring L beside R (no weight on L). (6h)

[17-24] (L OUT, R OUT, L IN, R CROSS, L ½ TURN) TWICE

&1&2 Step L to L side, Step R to R side, Bring L beside R, Cross R front of L
3-4 Turn ½ turn L ending with weight on R, (12h)
&5&6 Step L to L side, Step R to R side, Bring L beside R, Cross R front of L
7-8 Turn ½ turn L ending with weight on R (6h)

[25-32] R ROCK STEP, R COASTER STEP, L ROCK STEP, L COASTER STEP

1-2 Step R forward, Bring weight back on L
3&4 Step R back, Bring L beside R, Step R forward
5&6 Step L forward, Bring weight back on R,
&7-8 Step L back, Bring R beside L, Step L forward (6h)
