

# Been Like This

COPPER KNOB  
BY STEPHEN

拍數: 32      牆數: 4      級數: Improver  
編舞者: Hayley Wheatley (UK) - April 2024  
音樂: Been Like This - Meghan Trainor & T-Pain



Intro : 16 counts

## [1-8] OUT OUT, COASTER STEP R, CROSS STEP ¼ TURN, ¼ TURN BACK R, COASTER STEP L

1 2      Step RF out to R side (1), Step LF out to L side (2) 12:00  
3&4      Step RF back (3), Step LF back next to RF (&), Step RF forward (4)  
5 6      Make ¼ turn L, stepping over RF (5), ¼ turn L, Step RF back (6)  
7&8      Step LF back (7), Step RF back next to LF (&), Step LF forward (8) 06:00

## [9-16] WALK FWD R L, ROCK R FWD, ¼ TURN R SHUFFLE R SIDE, SIDE R, CLOSE L w/FLICK R

1 2      Walk RF forward (1), Walk LF forward (2)  
3 4      Rock RF forward (3), Recover on LF (4)  
5&6      ¼ turn to R, Step RF to R side (5), Step LF next to RF (&), Step RF to R side (6) 09:00  
&7 8      Step LF next to RF (&), Step RF to R side (7), Step LF next to R with flick RF and 1/8 turn to L (8) 07:30

Easier option: 5-6 Step RF to R Side (5), Step LF behind RF (6), 7-8 Large step RF to R side (7), Slide LF beside RF, closing to make 1/8 turn to L, (8) (Weight on L)

## [17-24] STEP R FWD, 1/8 TURN L, ¼ TURN CHARLESTON, POINT R, TOUCH R

1 2      Step RF forward (1), 1/8 turn to L, Step LF forward (2) 06:00  
3 4      Point RF forward (3), 1/8 turn to L, Step RF back (4) 04:30  
5 6      1/8 turn to L, point LF backward (5), Step LF forward (6) 03:00  
7 8      Point RF forward (7), Touch RF next to LF (8)

## [25-32] POINT SWITCH R&L, CLOSE L, HEEL SWITCH R&L, STEP R FWD, HEEL BOUNCES

1&2&      Point RF to R side (1), Close RF to LF (&), Point LF to L side (2), Close LF next to RF (&),  
3&4      Heel RF forward (3), Close RF next to LF (&), Heel LF forward (4)  
&5      Close LF next to RF (&), Step RF forward (5)  
6 7      Make 1/4 turn L as you bounce both heels (6), Make 1/8 turn L as you bounce both heels (7)  
8      Make 1/8 turn L as you bounce both heels (8) 09:00

April 2024