

Heaven or Hell

COPPERKNOB
BY SHEETS

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Jeff French (USA) - April 2024
音樂: Halfway To Hell - Jelly Roll



*1 - Restart (16 counts wall 2) 1 – Tag 4 counts on wall 3 (4 count Charleston, 2 half pivot turns, or simply repeat first 4 counts and restart), Intro is 32 counts

Section 1 Weight on L leg R, stop, facing front (12 o'clock wall)

Stomp R, Stomp L, step back, coaster step, Stomp R, Stomp L, step back, 1/2 Turning Shuffle

&1-2 Stomp R, Stomp L, Step back

Stomp Fwd R(&), Stomp Fwd L(1), Step back on R (2)

3&4 Coaster Step

Step back L(3), Step together with R(&), Step Fwd on L(4)

&5-6 Stomp R, Stomp L, Step back R

Stomp Fwd R(&), Stomp Fwd L(5), Step back on R(6)

7&8 Turning Shuffle (L)

½ turn over L shld w/ L, R, L (7&8)... now facing 6 o'clock wall

Section 2 Weight on L

Skate R & L with Shuffles

1-2 Skate R (1), Skate L(2)

3&4 Shuffle R-L-R

5-6 Skate L(5), Skate R(6)

7&8 Shuffle L-R-L

Section 3 Weight on L

R-cross point, Side point, Sailor Shuffles (Right & Left)

1-2 Cross point R (1), point R to side (2)

Cross point R in front of L, Point R to side

3&4 Sailor Step

Slide R behind L(3), side step L(&), side step R (4)

5-6 Cross point L (1), point L to side (2)

Cross point L in front of R (5), Point L to side (6)

7&8 Sailor Step

Slide L behind R (7), side step R (&), side step L (8)

Section 4 Weight on L facing back wall (6 o'clock wall)

Mambo/Charleston (fwd/bck), 2 1/8 pivot turns

1&2 Step Fwd on R (1), replace weight bck on L, (&), step back on R (2)

3&4 Step Bck on L (3), replace weight fwd on R (&), step back on L (4)

5-6 Step Fwd on R (5), 1/8 turn over L shld (6)

7-8 Step Fwd on R (7), 1/8 turn over L shld (8)

Last Update: 11 May 2024