

Better Boy (P)

拍數: 32 牆數: 0 級數: Low Improver - Partner
編舞者: Cindy Andreasen (DK) & Jacob Andreasen (DK) - April 2024
音樂: Better Boy - Nate Smith



Starting in Sweetheart position

Intro 16 Count

RESTART ON 3 & 7 ROTATION AFTER 8 COUNTS (1. SEC.)

SEC.1: (BOTH) RUMBA X 2, MAMBO STEP, SHUFFLE

1&2 Step Left to Left, Right beside Left, Step Left Forward
3&4 Step Right to Right, Left beside Right, Step Right Forward
5&6 Step Left Forward, Recover, Step Left next to Right
7&8 Shuffle Stepping Right-Left-Right

SEC.2: (BOTH) SUGARFOOT X 2, STEP ¼ CROSS. BEHIND – SIDE – ¼ TURN

1&2 Touch Left toe next to Right, Touch Left heel Forward, Stomp Left Forward
3&4 Touch Right toe next to Left, Touch Right heel Forward, Stomp Right Forward
5&6 Step Left Forward, Pivot ¼ turn Right, Cross Left over Right
7&8 Step Right to Right, Step Left behind Right, turn ¼ stepping Right Forward

SEC.3: (BOTH) STEP ¼ CROSS, VINE, R CROSS ROCK SIDE STEP, L CROSS ROCK SIDE STEP

1&2 Release Right hand, Step Left Forward, Pivot ¼ turn Right, Cross Left over Right
3&4 Step Right to Right side. Cross Left behind Right. Step Right to Right side
5&6 Cross Rock Left over Right, Recover Left
7&8 Cross Rock Right over Left, Recover Right

SEC. 4: (BOTH) SHUFFLE ½ TURN, COASTER STEP, SHUFFLE FWD, STEP ¼ CROSS

1&2 Release Left hand and raise Right hand up high, Make ½ shuffle turn Right stepping Left-Right-Left
3&4 Step Right back, Step Left next to Right, Step Forward Right
5&6 Shuffle Forward Left-Right-Left

ENDING HERE IN 8TH ROTATION

7&8 Step Right Forward, Pivot ¼ turn, Cross Right over Left

Ending In 8 th. Rotation after 30 counts.

(LADY): STEP ½ TURN

7-8 Step Right Forward, Pivel Turn ½ turn Left

Ending In 8 th. Rotation after 30 counts.

(Man): ROCK STEP

7-8 Rock R to right, recover on Left

Last Update: 16 Jul 2024