

Sweet Baby

拍數: 32 牆數: 4 級數: Improver
編舞者: Andrés de la Rubia Alberti (ES) - April 2024
音樂: Since You've Been Gone (Sweet Sweet Baby) - Aretha Franklin



[1-8] Step Fwd R&L, anchor step, sweep back L&R behind side cross

1-2 Rf foward, Lf foward
3&4 Rf behind Lf, Step Lf in site, Step Rf in site
5-6 Sweeping Lf front to back, sweeping Rf front to back
7&8 Lf behind Rf, Rf to the right, Cross Lf over Rf (12:00)

[9-16] Skates, 1/8 turn right, shuffle foward, rock, recover, shuffle 1/2 turn left

1-2 Skate Rf to right diagonal, skate Lf to left diagonal (1:30)
3&4 Rf foward, Lf next Rf, Rf foward
5-6 Lf foward, recover weight Rf (optional body roll)
7&8 Lf 1/4 turn left, Rf next Lf, Lf 1/4 turn left (restart on 5^a wall)

[17-24] Cross, point 1/8 right, kick ball step, bumps L&R, bumps 1/2 right

1-2 Cross Rf over Lf, point Lf 1/8 right (9:00)
3&4 Kick Lf foward, Lf next Rf, Rf foward
5-6 Bump Lf foward, Bump Rf
7&8 Bump Lf, Bump Rf, change weight Lf, 1/2 turn right (restart on 3^a and 8^a wall)

[25-32] Rock back, recover, run steps foward, step foward , roll right, roll 1/2 turn right

1-2 Rf back, recover weight Lf
3&4 Steps foward (R-L-R)
5-6 Lf foward, roll to the right
7&8 Roll to the right, 1/2 turn right, touch Rf foward (weight Lf)

Restarts: on the 3^a and 8^a wall (count 24) on the 5^a wall (count 16)

Enjoy