Freezing



拍數: 72

牆數:2 編舞者: Amanda Rizzello (FR) - April 2024

音樂: Freezing - Mimi Webb

級數: Intermediate



Intro:24 counts I choose to start 8 counts after the "reel" beginning of the song to avoid another restart and match correctly the sequence

S1. Walk RL, Kick , Behind Side Cross, Kick X2

- Step RF forward, Step LF forward 1-2
- 3-4 Kick RF diagonally R, Cross RF behind L
- 5-6 Step LF to L side, Cross RF over L
- 7-8 Kick LF diagonally L twice

S2. Sailor Step X2, Rock Step , Triple step 1/4 turn

- 1&2 Cross LF behind R, Step RF to R side, Step LF to L side
- 3&4 Cross RF behind L, Step LF to L side, Step RF to R side
- 5-6 Rock LF forward, Recover on R
- 1/4 turn L Step LF to L side ,Step RF next to L, Step LF to L side 7&8

S3. Weave.Cross Rock.Side Rock

- Cross RF over L, Step LF to L side 1-2
- 3-4 Cross RF behind L, Step LF to L side
- 5-6 Cross RF fover L, Recover
- 7-8 Rock RF to R side . Recover

S4. Back Sweep X2 ,Rock Back, Step Spiral

- 1-2 Step back RF, Sweep LF front to back
- 3-4 Step back LF, Sweep RF front to back
- 5-6 Rock RF back. Recover
- 7-8 Step RF forward, Full Spiral turn to L *Restart wall 6

S5. Step Scuff Hitch 1/2 turn , Touch Hitch 1/4 Turn , Touch Rock Forward

- 1-2& Step LF forward, Scuff RF 1/2 turn L , Hitch R
- 3-4& Step RF back, Touch LF next to R, 1/4 turn L Hitch L
- 5-6 Step LF to L side, Touch RF next to L
- 7-8 Rock RF forward, Recover on LF

S6. Kick Ball Step X2 1/2 turn , Triple Step diagonally X2

- 1&2 Kick ball Step RF Starting 1/4 turn R in a ciculary mouvement
- 3&4 Kick Ball Step RF Finishing 1/4 turn R in a ciculary mouvement
- 5&6 Step RF slightly diagonally R, Step LF next to R, Step RF slightly diagonally R
- 7&8 Step LF slithly diagonally L, Step RF next to L, Step LF slithly diagonally L

S7. Jazzbox, Grapevine

- Cross RF over L, Step LF Back 1-2.
- 3-4. Step RF to R side, Cross LF over R
- Step RF to R side, Cross LF behind R 5-6.
- 7-8. Step RF to R side, Cross LF over R

(On this section, don't hesitate to use body to R and L following the steps)

S8. Big Step Drag, Rock Back x2

1-2 Big Step RF to R side, Hold

- 3-4 Rock back on the LF, Recover onto RF
- 5-6 Big Step LF to L side,Hold
- 7-8 Rock back on the RF, Recover onto LF

*Restart wall 3

S9. Step Sweep Cross Side, Behind Sweep Behind Side

- 1-2 Step RF Fwd, Sweep LF back to front
- 3-4 Cross LF over R, Step RF to R side
- 5-6 Cross LF behind R,Sweep RF front to back
- 7-8 Cross RF behind L Step LF to L side

Restart at Wall 3 section 8 after count 8 facing 6:00 Wall 6 section 4 after count 7 make ¾ turn L Recover on LF facing 6:00 Then start the dance from beginning facing 6:00

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