

# Mamas

拍數: 32      牆數: 2      級數: Newcomer  
編舞者: Maivor Zetterstrom (SWE) - April 2024  
音樂: Mamas - Anne Wilson & Hillary Scott



## Section 1: Wine with touch. Side touches x 2

1, 2      Step Rf to Right Step Lf behind Rf  
3, 4      Step Rf to Right. Touch Lf beside Rf  
5, 6      Step Lf To Left, Touch Rf beside Lf  
7, 8      Step Rf to Right, Touch Lf beside Rf

## Section 2: Wine with 1/4 Left with touch. Diagonal step with touch Step back with kick

1, 2      Step Lf to Left. Step LF behind  
3, 4      Step Lf fw with 1/4 turn Left. Touch Rf beside Lf  
5, 6      Step diagonal fw on Rf. Touch Lf beside Rf  
7, 8      Step diagonal back on Lf. Kick Rf fw

## Section 3: Back, lock, back with kick X 2

1, 2      Step back on Rf. Cross Lf in front of Rf  
3, 4      Step back on Rf. Kick Lf fw  
5, 6      Step back on LF. Lock Rf in front of LF  
7, 8      Step back onLff. Kick Rf fw

## Section 4: Slow rock back. Slow Step 1/4 turn Left

1, 2      Step back on Rf. Hold  
3, 4      Rock back on Lf. Hold  
5, 6      Step Rf fw. Hold  
7, 8      Turn 1/4 Left, Weight on Lf. Hold

## Tag 1. 4 counts After Wall 2, 12 o'clock

1, 2, 3, 4      Sway Right, Hold, Sway Left, Hold

## Tag 2. 16 counts After Wall 4. 12 o'clock

### Jazzbox With toestruts & Cross, Sway X 4

1, 2, 3, 4      Cross Right toe over Lf. Down on Rf. Back on Left toe. Down on Lf  
5, 6, 7, 8      Right Toe to Right. Down on Rf. Cross Left toe over Rf. Down on LF  
1, 2, 3, 4      Sway Right, Hold, Sway Left, Hold  
5, 6, 7, 8      Sway Right, Hold, Sway Left, Hold

## Tag 3- 6: 8 counts After Wall 8, 12 o'clock. After Wall 9, 6 o'clock.

### After Wall 10, 12 o'clock. After Wall 12, 12 o'clock

### Jazzbox With toestruts & Cross

1, 2, 3, 4      Cross Right toe over Lf. Down on Rf. Back on Left toe. Down on Lf  
5, 6, 7, 8      Right Toe to Right. Down on Rf. Cross Left toe over Rf. Down on LF

Happy Dancing!