

Get Lagenta

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
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音樂: Remix Wala Amri Get Lagenta by DJ Oped



Intro : 3c
Wall 1, tag
Wall 2
Wall 3 = 4 counts, restart
Wall 4 =16 c, tag & restart
Wall 5, tag
Wall 6
Wall 7 =16 c, tag & restart
Wall 8, tag
Wall 9
Wall 10 = 4 counts, restart
Wall 11= 16 counts, end

Section 1 - ROCK FORWARD, BACK TOUCH, VOLTA 3/4 TURN R

1&2& Rock Rf forward, recover on Lf, step Rf back, touch Lf beside Rf
3&4& Reverse 1&2&
5&6& 1/8 turn R step Rf forward, close Lf next to Rf, 1/4 turn R step Rf forward, close Lf next to Rf
7&8 1/4 turn R step Rf forward, close Lf next to Rf, 1/8 turn R step Rf forward

Section 2 - VAUDEVILLE WITH TOUCH, ROCKING CHAIR, TOE TOUCH

1&2& Cross Lf over Rf, step Lf to L slightly back, touch L toe diagonal forward, step Lf in place
3&4& Reverse 1&2&
5&6& Rock Lf forward recover on Rf, rock Lf back, recover on Rf
7&8 Touch L toe forward, step LF beside RF, touch R toe forward

Section 3 - WEAVE, CHASSE WITH HITCH TURN 1/2 L

1&2& Step Rf to R, Cross LF behind RF, Step Rf to R, Cross LF over RF
3&4& Step Rf to R, close Lf next to Rf, step Rf to R, 1/4 turn L hitch on Lf
5&6& Step Lf to L, close Rf next to Lf, step Lf to L, 1/4 turn L hitch on Rf
7&8& Step Rf to R, close Lf next to Rf, step Rf to R, hitch on Lf

Section 4 - LOCK SHUFFLE BACK, SIDE MAMBO CROSS , STEP TOUCH With Shimmy

1&2 Step Lf back, cross Rf over Lf, step Lf back
3&4 Step Rf back, cross Lf over Rf, step Rf back
5&6 Rock Lf to L, Recover on RF , Cross LF over RF
7&8& Step RF lto R with Shimmy Shymmy, Touch LF beside RF, Step Lf to L with Shimmy
Shymmy, Touch RF beside LF